

ARPITA RAY CHAUDHURI
 DNB (Medicine) 1987
 Prof. (Nephrology)
 PGME&R / S.S.K.M. HOSPITAL
 KOLKATA-700020
 WED (O.P.D.) 2SE, 4RT

DEPARTMENT OF HEALTH & FAMILY WELFARE
 GOVERNMENT OF WEST BENGAL

OPD Patient Card
 IPGMR & SSKMH
 A.J.C Bose Road Kolkata-20

298

Name : USHA SAHU [SSKM/OR1601072411] Day : Wednesday
 Sex : Female Age : 56 Yrs. 0 Months 0 Days Reg. No. : SSKM/RG180137200
 Ref. From : Card No. : SSKM/OR1601072411
 Visit No. : 1 Department : NEPHROLOGY Visit Date : 28-11-2018 Time : 11:00 AM
 Doctor / Unit Name (DOW) : Prof.(Dr.)D. Sen [1st, 3rd, 5th] / Prof.(Dr.)A. Roychowdhury [2nd, 4th]
 Room No. : 0 Entry No. :

Visit No. : 2
 Visit Date : Tm.
 Department :
 Doctor/Unit :
 Entry No. : 28 NOV 2018

Visit No. : 3
 Visit Date : Tm.
 Department :
 Doctor/Unit :
 Entry No. :

Visit No. : 4
 Visit Date : Tm.
 Department :
 Doctor/Unit :
 Entry No. :

Clinical Notes
 - DM/HTN/CKD V on
 MHD
 BP - 124/82 mmHg
 Hb 8 gm/dl
 Uo/cr 195/8-60
 ALB 2.60
 Ca/PO4 - 8.0/4.0
 U/A 6.2 mg/dl

ADVICE
 Maintenance Hemodialysis 3 / Per week From nearest PPP Center
 Inj Erythropoietin 4000 unit s/c 2 / Per week post HD
 Inj Iron sucrose 100 mg 2 / month for HD
 Cap Iron+Folic Ac 5mg OD
 Total fluids intake 800ml / 24 hrs
 Total protein 30g gm/day 1900 kcal/day
 Salt restriction < 5 gm/day
 Refer to Central Kitchen For Diet Chart.
 Inj Hepatitis B vaccine schedule
 1 ml in each deltoid (total 2 ml), IM,
 Mo Dec'18
 M1 Jan'19
 M2 Feb'19
 M6 July'19
 Inj pneumococcal 23 vaccine 0.5 ml s/c single dose
 Inj Influenza vaccine yearly
 NO IV PRICK IN (LEFT) RIGHT UPPER LIMB
 Refer to CTVS/Urology/plastic surgery For AV fistula creation of SEUM/MET/RAIN
 Hand exercise with fistula ball
 No NSAIDs/Aminoglycosides/Other Nephrotoxic drugs
 No. High Potassium containing foods
 Tab Amlodipinemg
 Tab Metoprolol xl 25mg 1 tab OD at 8pm
 Tab clonidine 100mcg
 Tab Piroxicam
 Tab Telmisartan 100mg 1 tab OD bbf
 Tab Aspirin/Atracurium (7.5mg/10mg) 1 tab OD (if
 Tab Domperidone 10mg 30/70 - 20V bbf
 Tab Ondansetron 4mg 10V bbf
 Tab Sodium Bicarbonate 100mg 1 tab OD as per
 Tab Febuxostat 400mg/300mg 1 tab OD as per
 Review after 2 mth

Hb, Creat, Ca, PO4, ALB
 28/11