

DR. DEBABRATA SEN

1st, 3rd, 5th WEDNESDAY
M.D.(MED), D.M.(Nephrology)

Professor

Deptt. of Nephrology

IPGME&R - S.S.K.M. HOSPITAL
KOLKATA-20

DEPARTMENT OF HEALTH & FAMILY WELFARE
GOVERNMENT OF WEST BENGAL

User Name : Colam Rasul
Paid Rupees : 2

13

OPD Patient Card
IPGME&R & SSKMH
A.J.C Bose Road Kolkata-20

Name : TARAK NATH GANGULY	[SSKM/OR1900419433]	Day : Wednesday
Sex : Male	Age : 49 Yrs.	0 Months 0 Days
Ref. From :		Reg. No. : SSKM/RG1900524033
		Reg. Date : 17-04-2019
Visit No. : 1 Department :	NEPHROLOGY	Card No. : SSKM/OR1900419433
Doctor / Unit Name (DOW) :	Prof.(Dr.)D. Sen [1st, 3rd, 5th]/Prof.(Dr.)A.Roychowdhury [2nd,4th]	Time : 08:46AM
Room No. :	0	Entry No. :

Visit Date : _____	Visit No. : 2
Department : _____	Tm. _____
Doctor/Unit : _____	
Entry No. : _____	

17 APR 2019

Visit Date : _____	Visit No. : 3
Department : _____	Tm. _____
Doctor/Unit : _____	
Entry No. : _____	

Visit Date : _____	Visit No. : 4
Department : _____	Tm. _____
Doctor/Unit : _____	
Entry No. : _____	

Clinical Notes	ADVICE
<p>CKD stage 5D</p> <hr/> <p>Type-2 DM</p> <p>Hypertension</p> <p>Hypothyroidism on MHD</p> <p>Access: AVF at left forearm</p> <p>BP 80/60, sup.</p> <p>BP 220/110</p> <p>Anaemia + edema Nil</p> <p>chest: clear</p> <p>Investigations (10-4-2019).</p> <p>Blood: Hb = 9.0 gm/dl</p> <p>s. urea = 71 mg/dl</p> <p>s. creatinine = 7.5 mg/dl</p> <p>serum NAT/KT = 137/55</p>	<p>Adv</p> <ul style="list-style-type: none"> - Serum iron, serum TIBC, serum Transferrin saturation(%), s. Ferritin. - s. uric acid, serum calcium, serum inorg. Phosphorus - Plasma Glucose (Fasting), HbA1c. - Plasma Glucose - 2hr PP (Lunch). <hr/> <p>Diet: 1600 kcalories diabetic renal diet.</p> <p>protein intake = 65 gm/day</p> <p>Total salt intake = 4 gm/day</p> <p>24hr Total Fluid intake = 800-1000 ml/day</p> <p>Fruits: Apple/Gueva/Papaya/pears/Jam/Jamun, only one type of fruit 75 gm/day</p> <p>Tab Levo-Thyroxine (50 mcg) 1th OD at 6AM on empty stomach</p> <p>Tab Pantoprazole (40mg) 1th OD at 7AM before breakfast x 6Weeks</p>