

DEPARTMENT OF HEALTH & FAMILY WELFARE  
GOVERNMENT OF WEST BENGAL  
OPD Patient Card

North Bengal Medical College and Hospital  
Darjeeling (Siliguri), West Bengal, PIN-734012

User Name : DIPAK MODAK  
Paid Rupees : 2

(PH:03532585483)

Name : ARATI SARKAR [NBMC/OR1800378190] Day : Monday  
Sex : Female Age : 15 Yrs. 0 Months 0 Days Reg. No. : NBMC/RG1800440979  
Ref. From : Department : NEPHROLOGY Visit Date : 24-09-2018 Reg. Date : 24-09-2018  
Card No. : NBMC/OR1800378190  
Doctor/Unit Name (DOW) : Dr. PRANAB BARMA/Dr. M.A. KHALED Time : 12:00PM  
Room No. : 35 Entry No. :

Visit Date : Department : Doctor/Unit : Entry No. :	Visit No. : 2 Tm. :	Visit Date : Department : Doctor/Unit : Entry No. :	Visit No. : 3 Tm. :	Visit Date : Department : Doctor/Unit : Entry No. :	Visit No. : 4 Tm. :
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Clinical Notes	ADVICE
<p>24 SEP 2018</p> <p>NEPHRO - OPD. N.B.M.C. &amp; Hospital Darjeeling</p> <p>18</p> <p>A - T2 - DM - CWD - Stage 3 E anaemia - on - maintenance haemo - dialysis (twice/wk) - (outside) - at present</p> <p>Hb - 8.2 g/dl U - 121 mg/dl Cr - 10.14 mg/dl Nat - 136 mEq/L K<sup>+</sup> - 5.5 u</p> <p>BE - 200/100 mEq/L Pulse - 104/min regular Pedal oedema - + anaemia - +</p>	<p><u>Act</u></p> <p>① T - Citracor - 10 → 1 tab - BD <math>\leftarrow \begin{matrix} 8 AM \\ 8 PM \end{matrix}</math></p> <p>② T - Met XL - 50 → 1 tab - OD at 8 AM</p> <p>③ T - Dytos - 10 → 1 tab - OD at 8 AM</p> <p>④ T - Modurin - 500 → 1 tab - BD</p> <p>⑤ T - Acentral - C-100 → 1 tab - Tds with diet</p> <p>⑥ Cal - Nephrocaps → 1 Cal } OD</p> <p>⑦ T - Orofin - XT → 1 tab }</p> <p>⑧ Inj - E porphyrin - 1000 units - sc - twice/wk</p> <p><u>Diet</u> - Salt restriction - 5 gm/day Protein - 80 - 100 gm/day Low fat diet Low HT - emphasis on diet NO Fruit Fluid intake = 600 ml/day</p>

09/24/2018 03:07 AM