

**DR. APBITA RAY CHAUDHURY**  
 MD (Medicine) MCh (Nephrology)  
 Prof. (Nephrology)  
 SSKM / S.S.K.M. HOSPITAL  
 KOLKATA-700020  
 WED (O.P.D.) 25E, 4RT

**DEPARTMENT OF HEALTH & FAMILY WELFARE**  
**GOVERNMENT OF WEST BENGAL**

User Name : Arun Chaudhary  
 Paid Rupees : 2

**OPD Patient Card**

IPGMEH & SSKMH  
 A.I.C. Bose Road Kolkata-20

Name : <b>EKHAMUL HAQUE</b>	Yrs. : <b>0</b>	Months : <b>0</b>	Days : <b>0</b>	Day : <b>Monday</b>
Sex : <b>Male</b>	Age : <b>53</b>	[SSKM/OR/1900349516]		Reg. No. : <b>SSKM/RG1900439035</b>
Ref. From :				Reg. Date : <b>01-04-2019</b>
Visit No. : <b>1</b>	Department : <b>NEPHROLOGY</b>	Visit Date : <b>01-04-2019</b>	Time : <b>09:00AM</b>	
Doctor / Unit Name (DOW) : <b>Prof. R. Pandey/Dt. S. Dasgupta</b>	Room No. : <b>0</b>	Entry No. :		

Visit No. : <b>2</b>	Visit Date : <b>Tm.</b>
Department : <b>01 APR 2019</b>	
Doctor/Unit :	
Entry No. :	

Visit No. : <b>3</b>	Visit Date : <b>Tm.</b>
Department :	
Doctor/Unit :	
Entry No. :	

Visit No. : <b>4</b>	Visit Date : <b>Tm.</b>
Department :	
Doctor/Unit :	
Entry No. :	

Clinical Notes	ADVICE
<p>1st visit            A/C            CHD 5ND            Lt AVF created            Pt. on ATT for            ~ 1 month            BP - 160/90            FBS - 109            PPBS - 122            Hb - 11.7            Cr - 7.43            Ca/P - 7.1/5.2            Lt - 3.51            TP/Alb - 6.4/3.3            Vit D - 11.5            IPTT - 220.1            Hb - 11.3</p>	<p><u>Adv</u></p> <p>Maintenance Hemodialysis <sup>50L</sup> / Per week From nearest PPP Center → please consult at vidyasevan SDH</p> <p>✓ Inj Erythropoietin 4000 unit s/c <sup>1</sup> Per week post HD</p> <p>Inj Iron sucrose ..... mg</p> <p>✓ Cap Iron + Folic Acid <b>BDPC</b></p> <p>Total fluids intake ..... L/day</p> <p>Total protein ..... g/day ..... kcal/day</p> <p>salt restriction &lt; 5 gm/day</p> <p>Refer to Central Kitchen For Diet Chart.</p> <p>✓ Tab Amlodipine ..... mg</p> <p>✓ Tab Metoprolol xl <b>25</b> mg <b>OD 8 pm</b></p> <p>Tab clonidine 100mcg</p> <p>Tab Prasolol xl ..... mg</p> <p>✓ Tab Torsemide <b>10</b> mg <b>OD 8 am</b></p> <p>✓ Tab calcium carbonate <b>500</b> <b>BDPC</b></p> <p>Tab ranitide ..... mg</p> <p>Tab Domipen ..... mg</p> <p>Tab ondansetron ..... mg</p> <p>✓ Tab Sodium Bisphosphonate <b>40</b> mg <b>ODPC</b></p> <p>✓ Febuxostat ..... mg</p> <p>✓ Cholecalciferol granules 60000 IU once weekly x 8wk</p> <p>✓ Isaszol hush 2x1 ODTS</p> <p>✓ Bt for complete bt count } after 8wk            Cr, Lt, uric acid            Ca/P, albumin</p>

use uwbp FBS/PPBS, SCOT/SCPD  
 ✓ Attend Chest Medicine OPD for  
 enrollment under DOTS

(A)