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DEPARTMENT OF HEALTH & FAMILY WELFARE
GOVERNMENT OF WEST BENGAL
OPD Patient Card

Name :
Sex : Age : Yrs. Months Days
Ref. From :

Day :
Reg. No. :
Reg. Date :
Card No. :

Visit No. : 1 Department :
Doctor / Unit Name (DOW) :
Room No. :

Visit Date :
Time :
Entry No. :

Visit No. : 2	Visit No. : 3	Visit No. : 4
Visit Date : Tm.	Visit Date : Tm.	Visit Date : Tm.
Department :	Department :	Department :
Doctor/Unit :	Doctor/Unit :	Doctor/Unit :
18 FEB 2019		
Entry No. :	Entry No. :	Entry No. :

Clinical Notes	ADVICE
C/O gen. body swelling - 6 mo. (↓) U.O. 2-3 months Δ CKD5 3.1.19 → 8.2.19 Hb 10.1 → 8.4 Urea 149 → 155 Creat 7.2 → 9.2 uric @ 10.1 PO_4 5.6 Ca^{2+} 8.9 K+ 4.6 S. alb 3.8 USG RK 8.76 cm LK 9.66 cm gross (↑) echo. Urine R/M prot 3+ RBC plenty ANA ANCA / Neg	Rx Initiate HD through Rt IJC [Rt IJ our HD] MHD 2/wk (1st 3 HD from our centre) 1. inj Iron sucrose (100) iv once/wk post 2. ~~inj EPO 4000 U sc 2/wk~~ 3. T. Amlodipine (10) OD - 8 pm 4. T. Bisoprolol (5) OD - 10 am 5. T. Torsemide (20) OD - 8 am 6. T. Prazocin XL (5) OD - 10 pm 7. T. Febuxostat (40) OD. 8. T. Pan DSR (40/30) BBF 9. T. Sevelamer carbonate (400) TDPC - Inj Hepatitis B vaccine schedule 1 ml in each deltoid (total 2 ml), IM, Mo March 19 M1 April 19 if HBsAg NR M2 May 19 M6 Sep 19 - Inj pneumococcal 23 vaccine 0.5 ml s/c single dose - Inj Influenza vaccine yearly NO IV PRICK IN LEFT / RIGHT UPPER LIMB Refer to CTVS / Urology / plastic surgery For AV fistula creation Hand exercise with fistula ball No NSAIDs/Aminoglycosides/Other Nephrotoxic drugs No. High Potassium containg foods USG KUB screening from our dialysis w

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Clinical Notes	ADVICE
11 MAR 2019	
CKD 5ND not initiated H/D. BP - 130/80. Hb. 7.8 U/Cr. 166/10.8	Adv MHD 2/wk. - @PPP cutter. Continue all med (1-9) as advised on. 18/2/19. HBsAg, Anti HCV, HIV → Refer to HDU. For Rt 1st. + H/D initiation [illegible] Inj Hepatitis B vaccine schedule 1 ml in each deltoid (total 2 ml), IM, Mo - March M1 - April M2 - May M6 - Sept Inj pneumococcal 23 vaccine 0.5 ml s/c single dose Inj Influenza vaccine yearly NO IV PRICK IN LEFT / RIGHT UPPER LIMB Refer to CTVS/~~Urology/plastic surgery~~ For AV fistula creation Hand exercise with fistula ball No NSAIDs/Aminoglycosides/Other Nephrotoxic drugs No. High Potassium containg foods (RAKMCH MRSMCH) SSKM.)