

DIPAK SINGHA  
 MD (Medicine) (Nephrology)  
 Associate Professor (Nephrology)  
 IPGME&R / S.S.K.M. HOSPITAL  
 KOLKATA-70020  
 FRI (OPD)

DEPARTMENT OF HEALTH & FAMILY WELFARE  
 GOVERNMENT OF WEST BENGAL

User Name : Purnendu Samanta  
 Paid Rupees : 2

OPD Patient Card  
 IPGMER & SSKMH  
 A.J.C Bose Road Kolkata-20

87

Name : DIPAK SINGHA Yrs. 48 Months 0 Days [SSKM/OR1801107219]  
 Sex : Male Age : 48 Yrs. 0 Months 0 Days Day : Friday  
 Ref. From : Reg. No. : SSKM/RG1801415409  
 Reg. Date : 07-12-2018  
 Card No. : SSKM/OR1801107219  
 Visit No. : 1 Department : NEPHROLOGY Visit Date : 07-12-2018 Time : 09:43AM  
 Doctor / Unit Name (DOW) : Dr. Asso. Prof Dr. D. Sircar Entry No. :  
 Room No. : 0

Visit No. : 2  
 Visit Date : Tm.  
 Department :  
 Doctor/Unit :  
 Entry No. :

Visit No. : 3  
 Visit Date : Tm.  
 Department :  
 Doctor/Unit :  
 Entry No. :

Visit No. : 4  
 Visit Date : Tm.  
 Department :  
 Doctor/Unit :  
 Entry No. :

Clinical Notes  
 07 DEC 2018  
 CKD 5D ENTN  
 3/12/18  
 24/12/18  
 21/12/18  
 Hb - 8.9  
 Urea - 79.9  
 Creat - 7.14  
 Kt - 4.53  
 PO4 - 5.4  
 Ca<sup>2+</sup> - 6.68  
 May see albumin as per urine  
 14/12/18  
 1 of 1

ADVICE  
 88-140/80  
 - Maintenance Hemodialysis.....2/Per week From nearest PPP Center  
 - Inj Erythropoietin 4000 unit s/c.....2/Per week post HD  
 - Inj Iren sucrose.....100 mg weekly post HD  
 - Cap Folic Acid.....5 mg OD  
 Total fluids intake.....24 hrs  
 Total protein.....gm/day.....kcal/day  
 salt restriction < 5 gm/day  
 Refer to Central Kitchen For Diet Chart.  
 - Tab Amlodipine (10) OD  
 - Tab Metoprolol XL (50) OD  
 - Tab Torsemide (10) OD  
 - Tab Ranitidine (300) OD  
 - Tab Calcium Carbonate (500) BD  
 - Tab Fexofenadine (40) OD NS  
 R/A 2 month  
 Hb/urea/creat/wat+/K+/Ca<sup>2+</sup>