

3ABRATA
5th WEDNESDAY
D), DM (NEPHRO)
Professor
Ext. of Nephrology
R - S.S.K.M. HOSPITAL
KOLKATA-29

DEPARTMENT OF HEALTH & FAMILY WELFARE
GOVERNMENT OF WEST BENGAL
OPD Patient Card

Dialysis Building
1st level
HD UNIT-358

S.S.K.M. HOSPITAL & IPGME & R
A.J.C. BOSE ROAD, KOLKATA-28

Name : ASIS DAS
Sex : Male Age : 32 Yrs. Months Days [OR17419386/1] Day : Wednesday
Ref. From : Paid Rupees 2.00
Reg. No. RB17422336
Reg. Date 07-Jun-2017
Card No. OR17419386/1
Visit No. : 1 Department : Nephrology OPD
Doctor/Unit Name (DO) : DR. D. SEN (1st, 3rd, 5th,) [Wednesday]
Room No. : 26
Visit Date : 07-Jun-2017 Time : 13:45
Entry No. :

Visit No. : 2
Visit Date :
Department :
Doctor/Unit :
Entry No. :
07 JUN 2017

Visit No. : 3
Visit Date :
Department :
Doctor/Unit :
Entry No. :

Visit No. : 4
Visit Date :
Department :
Doctor/Unit :
Entry No. :

Clinical Notes

1. Swelling of Body
nausea vomitin
NO n/o hematuria
Pain
gone

ADVICE

Diets
Hb 2+
RBC 1+

BP=120/90

1. Refer to HD UNIT
for BN &
3 session of
HD
From SHCH

Maintenance dialysis
2/week from
locality PP
center
Chennai
Arum

2. NO PRICK IN LEFT / RIGHT UPPER LIMB
Ref to CTVS/Urology/plastic surgery For AV fistula creation
hand exercise with fistula ball
NO NSAIDs/Aminoglycosides/Other Nephrotoxic drugs
NO High Potassium containing foods

Hb
count
URINE - AB
PC - 2-3
RBC - Nil
Crat = 8.0
Urea = 102
Hb - 6.4
Re - 5.0

USG Abd
2 hrs compression
ANA
ANCA C/P
CRN
Syrup Ppp

Maintenance Hemocritalsis 2/7 Per week From nearest PPP Center
Inj Erythropoietin 4000 unit s/c 2 Per week post HD
2 mg Iron sucrose 200 mg 4000 X 2 NK
100 mg Iron Polysulfate 100 mg
1.4 L / 24 hrs
Total protein 50 gm/day 2000 kcal/day
cell restriction < 5 gm/day
Refer to Central Kitchen For Diet Chart.
Tab Amlodipine 10 mg
Tab Metoprolol xl
Tab clonidine 100mcg
Tab Furosemide xl
Tab Torsemide 20 mg
Tab calcium 500 mg
Tab ranitidine 150 mg 30 min before breakfast
Tab Domperidone 10 mg

all non veg