



UHID : 1130073
Patient Name : Sibika Kispotta
Age/Gender : 48 Years/Female
Visit Date : 01/12/2018
Token No. : 0101

Dr. Pratim Sengupta

Nephrology
ID: 201819903003 Date: 01-12-2018
Sibika Kispotta, Female, Age: 48, Reg No: 56710 (WBMC)
MD (Medicine), DM (Nephrology), Reg No: 2191789 Blood Group: O+ (Not Verified)

Relevant Medical History :

A 48 years old female k/c/o HTN, hyperthyroidism, CKD-5, HD initiated through rt Femoral HD catheter on 24.11.2018 at charnock Hospital(4 episodes of HD was given), then Cr was 17. 2U Concentrated RBC were transfused. H/O analgesic abuse, ayurvedic treatment but no h/o homeopathic treatment. No significant surgical or medical hx available. Now on HD through rt IJV HD Catheter(dual lumen). daily fluid intake 1L, output apprx 1L. Now c/o weakness. Appetite good. Vaccination not done. No permanent access for HD.

Presented With :

Hypertension >14 Years
Hyperthyroid
CKD-5

General Survey :

Height[ Cm. ]: 157 Pulse : 74
Weight[ Kg. ]: 50 BP : 140/80
BMI[kg/m2]: 20.28 RR: 12
BSA[m2]: 1.48
Anemia : nil
Edema : nil
JVP : Not Raised

Systematic and Other Examination :

RS-vesicular Breath sound in all area
CVS-S1S2 normally audible no Murmur,Rub,Adv sound
Abd-Soft. No organomegaly. No free fluid.
CNS-NAD

26-11-2018 -Urea [mg/dl] : 337
24-11-2018 -Sr.Cr.[mg/dl] : 18.9
-eGFR [ml/min/1.73 m2] : 2.57

Provisional Diagnosis :

CKD-Stage5
Hypertension
Hyperthyroid

PATIENT CASE SHEET :

27-11-2018 : Na - 132
26-11-2018 : HbA1C - 5.3
26-11-2018 : TSH - <0.015
26-11-2018 : Hb - 8.6
26-11-2018 : T4 - 4.1
26-11-2018 : T3 - 5.6
26-11-2018 : K - 2.9
26-11-2018 : INR - 1.07
26-11-2018 : total protein - 6.2
24-11-2018 : Alb(serum) - 3.3

Take the following medicines as per instruction :

Tab Pan(pantoprazole) -40mg 1 tab once daily before food to cont.
Tab Neomercazole -10mg 1tab once daily to cont.
Tab Cilacar (Cilnidipine) -20mg 1 tab twice daily. to cont.
Tab Nodosis (Sodium bicarbonate) -500mg 1 tab twice daily. to cont.
Tab Phostat (Calcium Acetate) -667mg 1 tab three times daily after meal. to cont.
Inj Engerix-B/Genevac-B/Elovac-B (Hep B Vaccine) -40mcg/2ml IM In Deltoid Muscle 0,1,2,6 months to cont.
Capsule A-Z Gold (Vit Supplements) - 1 Cap once daily after lunch to cont.
Tab Lasix (Furosemide) -40mg 1tab once daily to cont.
Inj Engerix-B/Genevac-B/Elovac-B (Hep B Vaccine) -40mcg/2ml IM In Deltoid Muscle 0,1,2,6 months to cont.
Inj wepox (Erythropoetin) -10000U s/c twice per week to cont.
Inj Ferinject Inj. (Ferric Carboxymaltose) -500mg 1 amp once in a month with 100ml NS to cont.

B.W - 50.2kg
HT - 157cm
BP - 140/80
P - 74b/min
SpO2 - 98%

MHD @ 2 weeks

Dr. PRATIM SENGUPTA
MD (Medicine), DM (Nephrology)
Consultant Transplant Physician & Nephrologist
Reg. No.- 56710 of WBMC

Allergies : No known drug allergy

Do the following investigation before next visit :

Ca,PO4,Chloride,HCO3
Complete hemogram
Echo cardiography
Albumin
Na
K
Uric Acid
Total Protein

General/Diet Advice :

Diet as explained.
Life Style Advise as educated
Avoid NSAID
low salt and high protein diet

urgent AVE creation

17/12/18