

*Ad Atarax 10mg
+ Venusia Soft*

UHID : 1090385
 Patient Name : Ramadhin Shaw
 Age/Gender : 47 Years/Male
 Visit Date : 06/08/2018
 Token No. : 011

Dr. Pratim Sengupta

MD (Medicine) DM (Nephrology) Reg No. 56710
 ID: 201629216154 Date: 06-08-2018

Ramadhin Shaw, Male, 43 Yrs. [8420861338] Blood Group: Undef(Not Verified)

Relevant Medical History :

Known T2DM since 2012, hypertension, not h/o DR, CKD detected in 2012 that time cr-1.9, dyslipidemia. USG report unavailable. h/o analgesic abuse in past. now cr 12.5 (prev 7.1 < 5.97). was on conservative treatment. Hospitalized with LVF and hypocalcemia --> HD initiated since 22-08-2017. Now on mhd @3/wkly through AVF. Hx of LRTI and UTI e.coli infection. Fluid intake is 800ml/day, urine output: nil. Avg BP at home: 140-150/80. Now c/o sleep disturbance, itching over whole body, shoulder & knee pain, dry cough. No SOB, appetite ok.

Presented With :

T2DM 3yrs
 On MHD 3/wkly

General Survey :

Height [Cm.]:	168	Pulse :	88
Weight [Kg.]:	77	BP :	150/90
BMI [kg/m ²]:	27.28	RR:	12
BSA [m ²]:	1.87		
Anemia :	nil		
Edema :	nil		
JVP :	Not Raised		

Systematic and Other Examination :

RS-vesicular Breath sound in all area
 CVS-S1S2 normally audible no Murmur, Rub, Adv sound
 Abd-Soft. No organomegaly. No free fluid.
 CNS-NAD

02-08-2018 -Urea [mg/dl] : 171
 02-08-2018 -Sr.Cr.[mg/dl] : 13.6
 -eGFR [ml/min/1.73 m²] : 4.26

Provisional Diagnosis :

Hypertension
 On mHD
 T2DM
 CKD-5(D)
 Analgesic Abuse

PATIENT CASE SHEET :

02-08-2018 : Hb - 12.6
 02-08-2018 : Na - 124
 02-08-2018 : K - 3.00
 02-08-2018 : Ca - 7.6
 02-08-2018 : PO4 - 6.3

*BW-76.8kg
 8L- 150/90
 3P } SU- 160/90
 P- 88b/w*

Take the following medicines as per instruction :

Tab Pan (pantoprazole) -40mg	1 tab twice daily before food	to cont.
Tab Ranozex (Ranolazine) -500 mg	1 tab BD	to cont.
Tab Cardivas (Carvedilol) -3.125 mg	1 tab twice daily.	to cont.
Tab Nitrocontin (Glyceryl Trinitrate) -6.4mg	1 tab 8am and 3 pm	to cont.
Tab Clopitrova (Clopidogrel+Atorvastin) -75/10mg	1tab after dinner.	to cont.
Tab Korandil (Nicorandil) -10mg	1 tab twice daily.	to cont.
Tab ApreSol (Dihydralazine) -25mg	1 tab three times daily	to cont.
Tab Shelcal (Calcium Carbonate+Vit D3) -500mg	1 tab twice daily	to cont.
Capsule Bio D3 (Calcitrol) -0.25mg	1cap at bed time	to cont.
Tab Galvus (Vildagliptin) -50mg	1 tab with lunch	to cont.
Inj KokiNo (Iron sucrose) -100mg/5ml	one in every two week	to cont.
Inj Polybion Inj. (Multivitamin) -.	1 amp once in week	to cont.
Tab Arkamin (Clonidine) -100 mcg	2 tab thrice daily.	to cont.
Tab Nicardia Retard (Nifedipine) -10mg	1tab thrice daily.	to cont.
Tab Ropark (Ropinirole) -0.5mg	1 tab at bed time	to cont.
Inj wepox (Erythropoetin) -4000U	s/c twice per week	to cont.
Tab Endace (Megesterol Acetate) -40mg	1tab twice daily	to cont.
Syp Neogardin Elixir (Manganese Chloride+Iodised Pepto) -2 tsf	2tsf after lunch/dinner	to cont.
Tab Zofer-MD (ondansetron) -4mg	1 tab twice daily before food	to cont.
Tab Renvela (Sevelamer Carbonate) -800mg	1 tab twice daily	to cont.
Tab Atarax (hydroxyzine) -10mg	1 tab at bed time	to cont.
Lotion Venusia Soft -.	to apply all over body thrice daily	to cont.

Allergies : No known drug allergy

Do the following investigation before next visit :

Complete hemogram
 Albumin
 Uric Acid
 PO4
 Ur,Cr,Na,K

General/Diet Advice :

Daily blood pressure record.
 Daily body weight.
 Diet as explained.
 Life Style Advise as educated