

DR. DEBABRATA SEN  
1st. 3rd, 5th WEDNESDAY  
Nephrology (Nephro)  
Professor  
Deptt. of Nephrology  
IPGME & R - S.S.K.M. HOSPITAL  
KOLKATA-20

DEPARTMENT OF HEALTH & FAMILY WELFARE  
GOVERNMENT OF WEST BENGAL  
OPD Patient Card  
IPGME & SSKMH  
A.J.C Base Road Kolkata-20

User Name : Arun Chakraborty  
Patri Ruppes : 2

175

PARESH CH PAL  
Age 64 Yrs. 0 Months 0 Days ISSKM/OR19005555991  
Sex: Male  
Day: Wednesday  
Reg. No.: SSKM/RG1900891644  
Reg. Date: 22-05-2019  
Card No.: SSKM/OR1900555599  
Visit Date: 22-05-2019  
Time: 10:13AM

Visit No.: 1 Department: NEPHROLOGY  
Doctor / Unit Name (DOW): Prof.(Dr.)D. Sen  
Room No.: 0  
Entry No.:  
Visit Date: 22 MAY 2019  
Department:  
Doctor/Unit:  
Entry No.:

Clinical Notes

Diabetes - 30yrs  
HTN  
CKD 2D  
Presently off dialysis  
RRF = 2L  
f = 94  
r = 116  
r = 9.11  
Na<sup>+</sup> = 141  
K<sup>+</sup> = 4.7  
Ca = 8.7  
PO<sub>4</sub> = 4.4  
UA = 7.7  
Hb = 3.5 gm/dl  
Hb = 10.7 gm/dl  
Bp = 180/100

ADVICE

Maintenance Hemodialysis <sup>2</sup> / Per week From nearest PPP Center  
Erythropoietin 4000 unit s/c <sup>0.1</sup> Per week post HD  
Iron sucrose 100 mg / every 2 week  
Cry. Iron: Folic Acid  
Total fluids intake 1.5L / 24 hrs  
Total protein gm/day kcal/day  
Salt restriction < 5 gm/day  
Refer to Central Kitchen For Diet Chart.

24 JUN 2019  
Tab Amlodipine 10 mg OD x 8am  
Tab Metoprolol xl 50 mg OD x 8pm  
Tab clonidine 100mcg  
Tab Prazosin xl mg  
Tab Torsemide 20 mg OD x 8am  
Tab calcium 500 mg OD x 2  
Tab ramipril 150 mg 20 min before breakfast  
Tab Domperidone mg  
Tab bendamustine mg  
Tab Sodium Bicarbonate mg  
Tab bisphosphonate 40 mg OD x 8pm  
inj mix fast insulin 200 SC BID  
[ 12 USC BID

Review after 2 months c  
Blood for CBC

U/Cr/Na<sup>+</sup>/K<sup>+</sup>/UA  
FBS/PPBS/Ca/Po<sub>4</sub>  
ed edms = (+)

05/19/2019 10:12AM