

**DIANKAR CAR**  
 M.D. (Medicine) DM (Nephrology)  
 Associate Professor (Nephrology)  
 I.P.E.P. / S.B.K.M. HOSPITAL  
 KOLKATA-700020  
 FRI (OPD)

**DEPARTMENT OF HEALTH & FAMILY WELFARE  
 GOVERNMENT OF WEST BENGAL**

17  
 State Welfare Group  
 Para 10/10/19

OPD Patient Card  
 SSKM/RI/1904273796  
 A.J.C. Bose Road Kolkata-20

Name: ANUSU BARDAR (SSKM/RI/1904273796) Day: Friday  
 Sex: M Age: 29 Yrs. 6-Months: 0 Days Reg. No: 19790000000000  
 Ref. From: ICMR Reg. Date: 16-04-2018  
 Card No: 19790000000000  
 Visit No. 1 Department: NEPHROLOGY Visit Date: 08-04-2019 Time: 11:30 AM  
 Doctor/Unit Name (DOW): DR. ANUSU BARDAR Entry No. 19790000000000  
 Room No. 16/12

Visit No. 12 Visit Date: 05 APR 2019  
 Im. Department: NEPHROLOGY  
 Doctor/Unit: DR. ANUSU BARDAR  
 Entry No. 19790000000000

Visit No. 3 Visit Date: 05 APR 2019  
 Im. Department: NEPHROLOGY  
 Doctor/Unit: DR. ANUSU BARDAR  
 Entry No. 19790000000000

Visit No. 4 Visit Date: 05 APR 2019  
 Im. Department: NEPHROLOGY  
 Doctor/Unit: DR. ANUSU BARDAR  
 Entry No. 19790000000000

Clinical Notes

F/U/14/0  
12 APR 2019  
16/12  
3/4

16/12  
ur/cr - 10M / 7.4  
M/W - 135 / 4.2  
HA - 9.5  
HA - 78 Hb - 7

BP - 130/80 R+

- ✓ T. Sheleal D<sub>3</sub>
- ✓ T. Omez 20
- ✓ T. Zincovit - 2pes/day
- ✓ T. Atarax 25. . 1
- ✓ T. Metoprolol 25.

ADVICE

Maintenance Hemodialysis..... 3 / Per week From nearest PPP Center  
 Inj Erythropoietin 4000 unit s/c..... 3 / Per week post HD  
 Inj Iron sucrose..... 100 mg once in 2wk  
 Cap Iron + Folic Acid..... 50 mg  
 Total fluids intake..... /24 hrs  
 Total protein..... gm/day..... kcal/day  
protein restriction < 5 gm/day  
 Refer to Central Kitchen For Diet Chart.

- 10 mg 2DSAM
- Metoprolol xl..... mg
- clonidine 100mcg.....
- Prazosin xl..... ng
- Torsemide..... ng
- calcium.....
- Domperidone..... mg in before breakfast
- Escitalopram..... mg
- Sodium Bicarbonate.....
- Febuxostat..... 40 mg once

PLP antiparazite 400 mg once

Bmwta  
COUATIN

100 mg / 12M