

**DR. AVISEK MAITY**  
 MD, DM (CHENNAI)  
 Assistant Professor  
 Dept. of Nephrology  
 N.R.S M.C.H. Kol-14

DEPARTMENT OF HEALTH & FAMILY WELFARE  
 GOVERNMENT OF WEST BENGAL  
 OPD Patient Card

**Dr. PINAKI MUKHOPADHYAY**  
 DGH, MD, DM (PGI, Chandigarh)  
 Assistant Prof & Head  
 User Name : PINKI SAKA  
 Paid For : Dept. of Nephrology  
 NRS Medical College, Kolkata

N.R.S MEDICAL COLLEGE & HOSPITAL  
 138, A.J.C BOSE ROAD, KOL-700014  
 (PH:22653213/17)

Name : SURAJIT SARKAR	Yrs. : 0	Months : 0	Days : 0	Day : Monday
Sex : Male	Age : 38	Reg. No. : NRSM/OR1800293167		Reg. Date : 07-05-2018
Ref. From :		Card No. : NRSM/OR1800293167		Time : 12:48PM
Visit No. : 1	Department : Nephrology	Visit Date : 07-05-2018		
Doctor/Unit Name (DOW) : DR. P. MUKHOPADHYAY/DR. A. MAITY/DR. A. ROYCHOWDHURY		Entry No. :		
Room No. :				

Visit Date :	Visit No. : 2
Department :	Tm.
Doctor/Unit :	
Entry No. :	

Visit Date :	Visit No. : 3
Department :	Tm.
Doctor/Unit :	
Entry No. :	

Visit Date :	Visit No. : 4
Department :	Tm.
Doctor/Unit :	
Entry No. :	

Clinical Notes	ADVICE
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CKD SD. on MHO 3/week  
 BP - 20/140 mm  
 Urinary - (-ve)  
 Nourish - (-ve)  
 AcetH - (+)  
 Hb. - 8.0  
 Ur. - 11.5-1  
 Cr. - 8.46  
 Uric Acid - 8.80  
 Ca<sup>2+</sup> - 6.8  
 Na<sup>+</sup> - 133  
 K<sup>+</sup> - 3.84

No T2DM  
 Adv  
 • Renal diet  
 • Cat. MHO 3/week for Cc.  
 • Avoid nephrotoxic drugs.  
 • RRT is urgent.  
 • Intake = 400ml of water/day  
 • T. ~~Amiloride~~ Amiloride (10) - 1 tab. OD x 2  
 • T. Telmisartan (40) - 1 tab OD x 2  
 • T. Atorvastatin (10) - 1 tab OD x 2  
 • T. Paracetamol (10) - 1 tab <sup>9AM</sup>  
 • Int. Iron - sucrose (100mg/100ml) - 2 ml  
 • Int. EPO (4000 IU) - 2 ml stat + 2/week  
 • Tab. Folic acid (5mg) - 1 tab OD x 2  
 • Blood for U/L, Na<sup>+</sup>, K<sup>+</sup>, Hb.