

DR. PARTHA KARMAKAR

MBBS(CAL)

DNB (INTERNAL MEDICINE) NBE-NEW DELHI

DNB (NEPHROLOGY)- APOLLO HOSPITALS, CHENNAI

CONSULTANT NEPHROLOGIST, FORTIS HOSPITALS, KOLKATA

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NAME: Mr. RINA CHOWDHURY AGE: DATE: 17/11/18

C/O	DX CVD STD ; uncontrolled HTN.									
	No.	Medicine	Mg.	Morning	Noon	Evening	Night	After food	Before food	Duration
WT	1	AMLODEPINE	10	1			1	✓		Imp
	2	CONCOR COR	5	1				✓		
	3	PRADOXIN XL	400							
	4	PRADOXIN XL	5	-			1	✓		
BP	5	LANX	40	1		1		✓		
RPT	6	LANX / NODONS	500		1		1	✓		
	7	CATRIL	0.25	1					on alternate days	
	8	ALPRAX	0.25				1	✓		
	9									
	10									

MONITOR BP/SUGAR at home and keep a chart

Buy wt ↓ by 500 gm.

HD- REVIEW AFTER 2 weeks WITH Urea/Cr/K/Na/FBS/PPBS/HbA1C/Ca/Phosphorous/UricAcid/Hb/CBC/LFT/ Albumin/ Globulin/FT4/TSH/HBsAg/HIV/Anti HCV/Serum protein Electrophoresis/Urine RE/Spot Urine protein and creatinine ratio/Urine C/S /USG KUB/Whole ABDOMEN WITH PVR/CT KUB/Urography/ CECT Whole abdomen/ S.Iron + TIBC / PTH/ Echo/ CXR-PA REPORTS

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DATE 1/12/18

C/O

WT To keep SBP 125/150

BP

RPT

CONCOR COR (5) 8am

PRADOXIN XL (5) 9pm.

AMLODEPINE (5) 10am if SBP > 150

Inj. MICROFER 100mg IV 2/week x 10 inj's

on 1 hour

Inj. EPONS 4000 2/week

CATRIL 0.25mg 1-0-0 on alternate days

LANX 40 1-1-X

NODONS (500) 1-X

PROBE BP 4 sleep HS

ALPRAX 0.25 1HS (600)

REVIEW AFTER 1 month WITH Urea/Cr/K/Na/FBS/PPBS/HbA1C/Ca/Phosphorous/UricAcid/Hb/CBC/LFT/ Albumin/ Globulin/FT4/TSH/HBsAg/HIV/Anti HCV/Serum protein Electrophoresis/Urine RE/Spot Urine protein and creatinine ratio/Urine C/S /USG KUB/Whole ABDOMEN WITH PVR/CT KUB/Urography/ CECT Whole abdomen/ S.Iron + TIBC / PTH/ Echo/ CXR-PA REPORTS

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