



UHID : 1088100
 Patient Name : Ila Biswas
 Age/Gender : 52 Years/Female
 Visit Date : 23/02/2019
 Token No. : 04

Dr. Pratim Sengupta

Nephrology

ID: 201710799647, Date: 23-02-2019
 MD (Medicine), DM (Nephrology), Reg No. 56710 (WBMC)
 Ila Biswas, Female, 50 Yrs. [8768263836] Blood Group: Undef(Not Verified)

Relevant Medical History :

A 50 years old female, hypertensive for 6 years, diabetic for 26 years, on insulin for last 19 years, CKD-5 on mHD 2/wk through rt Permcath. Diabetic retinopathy. Hx of NSAID abuse. Renal dysfunction diagnosed in 2013 following pedal swelling and UTI. Cr slowly increased in last 4 years. HD initiated through Permcath back in Dec 2018. Permcath was re-erted (no documents available), Lt forearm AVF was created twice-->vascular access failure. H/o cataract surgery in both eyes. Now c/o numbness in extremities, fluctuation of BP, poor appetite. ID weight gain 3-4 kg.

Presented With :

T2DM 26 years
 Hypertension 4 years
 CKD-5
 On MHD 2/Week

General Survey :

Height [Cm.]: 158 | Pulse : 98
 Weight [Kg.]: 57 | BP : 160/80
 BMI [kg/m²]: 22.83 | RR: 12
 BSA [m²]: 1.57
 Anemia : nil
 Edema : nil
 : Not Raised

Systematic and Other Examination :

RS-vesicular Breath sound in all area
 CVS-S1S2 normally audible no Murmur, Rub, Adv sound
 Abd-Soft. No organomegaly. No free fluid.
 CNS-NAD

26-01-2019 -Urea [mg/dl] : 81
 26-01-2019 -Sr.Cr.[mg/dl] : 7.9
 -eGFR [ml/min/1.73 m²] : 6.96

Provisional Diagnosis :

Diabetic Nephropathy
 CKD-5(D)

PATIENT CASE SHEET :

04-02-2019 : PPBS - 178
 02-02-2019 : FBS - 84
 26-01-2019 : Hb - 11
 26-01-2019 : Na - 136
 26-01-2019 : K - 4.7

Take the following medicines as per instruction :

Tab Lasix (Furosemide) -40mg	1tab once daily	to cont.
Tab Rozat (Rosuvastatin) -10mg	1 tab at bed time.	to cont.
Tab Metpure XL(Metoprolol) -50mg	1tab once daily	to cont.
Inj wepox (Erythropoetin) -4000U	s/c once per week	to cont.
Inj Ferinject Inj. (Ferric Carboxymaltose) -500mg	1 amp once in a week with 100ml NS	to cont.
Tab Pan(pantoprazole) -40mg	1 tab once daily before food	to cont.
Tab Calpol (Paracetamol) -500 mgs	1 tab SOS if SOS	to cont.
Tab Sibelium -5mg	1cap once daily	to cont.
Inj Human Mixtard (Insulin Isophane+Insulin Regular)) -30/70	5U BBF, 15U BDN	to cont.
Tab Amlodac(Amlodipine) -10 mg	1 tab OD after breakfast.	to cont.

B/W - 56.5 kg
 B/H - 158 cm
 BP - 160/80
 P - 98b/m
 SPO2 - 99%

Allergies : no known drug allergy

Do the following investigation before next visit :

Ca, PO4, Chloride, HCO3
 FBS, PPBS
 Albumin
 Uric Acid
 Hb
 Ur, Cr, Na, K

General/Diet Advice :

Brisk Walking
 Self monitoring of Blood glucose
 Avoid NSAID
 low salt and high protein diet

Next check up after : 60 Days

Admission Permcath

Digitally Signed

*** Donate Organ and remain alive after death *** (Dr. Pratim Sengupta

MD(Medicine), DM(Nephrolog
 Reg.No.-56710 of WBI

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Remarks : **GPT ILS Hospitals**