

DR. DEBARAJA SEN

1st, 3rd, 5th FLOOR DEPARTMENT OF NEPHROLOGY
MD (MED), DM (NEPHRO)

DEPARTMENT OF HEALTH & FAMILY WELFARE
GOVERNMENT OF WEST BENGAL

User Name: Colom Raju
Date: 10-04-2019

303

Deptt. of Nephrology
IPGME&R, S.S.K.M. HOSPITAL
KOLKATA-20

OPD Patient Card
IPOMER & SSKMH
A.C. Bose Road, Kolkata-20

Name : UMA SARKAR	Age : 40 Yrs.	Sex : Female	Ref. From : Female	SSKM/OR/1900398673/1	Day : Wednesday
Visit No. : 1 Department	Doctor / Unit Name (DOW) : NEPHROLOGY	Room No. :	Prof. (Dr.) D. Sen (1st, 3rd, 5th) / Prof. (Dr.) A. Roychowdhury (2nd, 4th)	Visit Date : 10-04-2019	Time : 12:07PM
Entry No. : 10 APR 2019			Entry No. :		

Visit No. : 2	Visit No. : 3	Visit No. : 4
Department :	Department :	Department :
Doctor/Unit :	Doctor/Unit :	Doctor/Unit :
Entry No. :	Entry No. :	Entry No. :

Clinical Notes

Patient has received one (1) session of hemodialysis @ BT on 7/4/19

Chronic kidney disease (CKD) stage 5D

Hypertension CIN

Severe Anaemia Non-diabetic

Secondary hyperparathyroidism

Hypocalcaemia

Uraemic symptoms of

Wt = 50kg
Pulse 96/min
BP 180/120 mmHg

Anaemia + edema

Investigations (03-4-2019)

Blood: Hb = 7.5 gm/dl

Plasma Glucose (R) = 103 mg/dl

Serum Na⁺/K⁺ = 128/4.6

Serum urea = 10.7 mg/dl

ADVICE

U.S.G of KUB & Lower abdomen

Blood: Hb, PCV

Serum Iron, Serum TIBC

Serum Transferrin saturation, S. Ferritin

Serum urea, S. creatinine, Ser Na⁺/K⁺

S. uric acid, Serum Total protein

S. Albumin, S. Globulin

Serum 25(OH) Vitamin D₂

Urine PE/ME

24 Hour Urinary protein (80mg → 80mg)

Digital X-Ray chest PA view

Diet: 1800 Kcalories Rrenal diet

Protein intake ≈ 60 Gms/day (on MHD)

Total salt intake = 4 Gms/day

24hr Total Fluid intake = 1200 ml/day

Fruits: Apple/Guava/Papaya/Pear/Jam/Jamun

on 30/3/19 Pine apple - only one fruit 1/5 of day

S. creatinine = 13.03 mg/dl

S. uric acid = 7.8 mg/dl

S. Calcium = 6.9 mg/dl

Blood: Hb = 6.2 gm/dl

S. urea = 80.75 mg/dl

S. TSH = 8.32 mIU/ml

S. creatinine = 9.95 mg/dl

Blood Glucose (F) = 92 mg/dl