

09/10/18  
4:20 PM

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DEPARTMENT OF HEALTH & FAMILY WELFARE  
GOVERNMENT OF WEST BENGAL  
PHYSICAL MEDICINE & REHABILITATION  
OPD Patient Card

R.G. Kar Medical College & Hospital User Name : sanghamitra  
1, Khudiram Bose Sarani, Kolkata-700004 Paid Rupees : 2  
(PH:033-25557676)

Name : **SABIMA PAUL** [RGKM/OR1800615160] Day : Monday  
Sex : Female Age : 55 Yrs. 0 Months 0 Days Reg. No. : RGKM/RG1800665498  
Ref. From : Reg. Date : 24-09-2018  
Card No. : RGKM/OR1800615160  
Visit No. : 1 Department : PHYSICAL MEDICINE & REHABILITATION Visit Date : 24-09-2018 Time : 11:18 AM  
Doctor/Unit Name (DOW) : Dr. Prof. P.K. Mandal/Dr. Tuhin Ray  
Room No. :

Visit No. : 2 Visit Date : Department : Doctor/Unit : Entry No. :	110 Visit Date : Department : Doctor/Unit : Entry No. :	Visit No. : 3 Visit Date : Department : Doctor/Unit : Entry No. :	Visit No. : 4 Visit Date : Department : Doctor/Unit : Entry No. :
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Clinical Notes

24 SEP 2018  
Knee pain  
pain to knee  
tender to touch  
swelling around knee  
ROM : normal

ADVICE

Prof. (Dr.) P. K. Mandal  
M.B.B.S. (Cal), M.D. (Cal), HOD  
Dept. Physical Medicine & Rehabilitation  
R.G. Kar Medical College, Kolkata-4

Dr. T. Ray, Asst. Prof.  
MBBS (Cal), MD (Cal)  
Dept. of Physical Medicine & Rehabilitation  
R. G. Kar Medical College, Kolkata-4

সোম-বৃহস্পতি

- Adv
- Blood Test (CBC, ESR, Hb, Hct)
  - X-ray of L-S Spine
  - X-ray of both knee - (standing & sitting)
  - Brufen 400 - 1200 mg
  - Paracetamol - 1200 mg
  - Colchicine - 1.2 mg
  - Mucosolone (Type 1) - 1200 mg
  - Neurobion - 1200 mg
  - Pregabalin - 150 mg
  - Pain relief as advised
  - Avoid NSAIDs

Dr. T. Ray

24/9/18