

DEPARTMENT OF HEALTH & FAMILY WELFARE  
GOVERNMENT OF WEST BENGAL  
PHYSICIAN & REHABILITATION OPD Patient Card

R.G. Kar Medical College & Hospital User Name: ujjawal  
1, Khudiram Bose Sarani, Kolkata-700004 Paid Rupees : 2  
(PH:033-25557676)

Ref. From: KAJAL LAITA HALDER [RGKM/OR1800680408]  
Female Age: 37 Yrs. 0 Months 0 Days Day: Tuesday  
Reg. No.: RGKM/RG1800737298  
Reg. Date: 23-10-2018  
Card No.: RGKM/OR1800680408  
Visit No.: 1 Department: PHYSICAL MEDICINE & REHABILITATION  
Doctor/Unit Name (DOW): Dr. S Iswarari (Assoc. Prof)  
Room No.: 110 Visit Date: 23-10-2018 Time: 09:56AM  
Entry No.:

Visit Date : Visit No. : 2  
Department : Tm.  
Doctor/Unit:  
Entry No. :

Visit Date : Visit No. : 3  
Department : Tm.  
Doctor/Unit:  
Entry No. :

Visit Date : Visit No. : 4  
Department : Tm.  
Doctor/Unit:  
Entry No. :

Clinical Notes

ADVICE

লেখা মজল  
বৃহস্পতি সন্ধি

Physical Medicine & Rehabilitation OPD  
R.G. Kar Medical College, Kol-04

23 OCT, 2018

LBP @ (R).

- ✓ Morning stiffness → ⊕
- ✓ Pain in (L) ankle + swelling
- CRP - 0.49.
- HLA B-27 ⊕.
- X-Ray + Early sacroilitis
- TSH → 5.6.
- FOL → 1.8.
- Cal → 8.8
- Δ Ankle spond.

- Tab. Immeicin R (75) - 1 tab ODHS x 10d.
- ↓ (Then).
- Tab. Eject 90 - 1 tab ODHS x 10d.
- Tab. Pem (650) - 1 tab after lunch x 10d.
- Tab. Dache (20) - 1 tab ODAC x 1m.
- Tab. Cal (500) - 1 tab ODHS x 1m.
- ~~Tab.~~ Sys. Nid D3 Nano - 1 such every Sunday x 8 wk.
- Hot compression - 13D.

PD // Rehab protocol for SpA. - (3)

Review @

✓ MRI of L5 spine @ screening of SI joint

- BLOOD TEST
- ✓ CEC, ESR, CRP
- ✓ FBS, PPBS
- ✓ FT, TSH, URIC ACID
- DIG. X-RAY/OF: C-SPINE-AP & LAT, L-S SPINE-AP & LAT, B/L KNEE <AP (STANDING) LAT (30° FLEXION)

10/23/2018 09:58 AM