

DEPARTMENT OF HEALTH & FAMILY WELFARE
GOVERNMENT OF WEST BENGAL
OPD Patient Card

Clinical Notes	ADVICE
<p style="text-align: right;">02 OCT 2018</p> <p>✓ Pain in lower back - (Gm) Progressive in nature. Night pain → ⊕.</p> <p>• X-Ray → → loss of lordosis → (↓) L4-L5. → Degenerative changes. Multiple lumbar level.</p>	<p>✓ W/O [MRI of L-S spine]</p> <p>W/O [Tab. Aceford Max] - 1 tab BDPC x 7 d. [Tab. Thiocolchis (4) + PCM (325) + Ace (50)]</p> <p style="text-align: center;">↓</p> <p>[Tab. Polyzetab D] - 1 tab BDPC x 15 d.</p> <p>• Tab. Rabe/Pan (40) - 1 tab OD AC x 1 m. • Tab. Cal (500) + vit D₃ - 1 tab OD HS x 1 m. • Tab. [Piracetam X SR] - 1 tab OD HS x cont.</p> <p>• Hot compression - BD.</p> <p style="text-align: center;">↓</p> <p>→ Trandy plus gel locally.</p> <p>• <u>PO</u> ① Spinal stabilizor ex.] ⊕ ② Q & A stretching.</p>