

Dr. SAUMYAJIT BASU

Reg no.51093
MS (Ortho), DNB (Ortho), FRCS (Ed)
SPINE SURGERY

MRNO : KMC20180205881
Patient Name : Mrs RUBY DEY
Sex / Age : FEMALE/73 Years 6 Months

Date : 05/09/2018 05:16 PM

Queue No : 13
Patient Follow-Up Visit Report of RUBY DEY

Pulse:

B.P.:

Resp. Rate:

Chest:

Abdomen:

CNS:

Any Other:

Drug Allergy:

Medication:

Rx

First visited on 08-12-2017 with

Low back pain with left leg pain since the past few months -- worse on getting up from supine--No comorbidities--Also complains of knee pain SLR normal, no gross neurodeficit-- Bilateral ankle jerks present--Pitting edema of both legs -- Varicosities present bilaterally-- Bilateral Deformity in the knees -- Xray -- Inconclusive, mild degenerative changes present -- Xray(knee) bilateral OA with deformity --Vit D 28 (insufficient) -- She was treated conservatively--root block was given on 21/02/2018. She did well at 1 month followup.

FOLLOWUP MEDICAL PROFILE

6 month followup--She complains of increased backpain with left leg radiation which worsens on sitting only. Ambulates well.

FOLLOWUP CLINICAL FINDINGS

SLR normal, no gross neurodeficit--Stoops forward while walking--Varicosities ++

FOLLOWUP INVESTIGATIONS

None available

FOLLOWUP ADVICE

Physiotherapy -- IFT for 10 sittings.

Exercises.

Tab. Hifenac SR 200 mg + tab. Rabifast 20 mg : 1 tab each once daily after breakfast x 10 days.

Tab. Gabapin 300 twice daily for one month

To review after 4 weeks if pain persists with (i) MRI LS spine with SIJ screening and (ii) X-ray LS Spine standing and supine AP, Lateral -- standing lateral in flexion and extension (digital)

This is a computer generated prescription does not require a signature; Typographical error(s) may be there, please ignore it or revert back for clarifications. Please call 033 22817800 / 8335053315 for further appointment.

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Next Visit On

Please bring this prescription during your next visit