

**DEPARTMENT OF HEALTH & FAMILY WELFARE
GOVERNMENT OF WEST BENGAL
PHYSICAL MEDICINE & REHABILITATION OPD Patient Card**

R.G. Kar Medical College & Hospital User Name : ujjawal
1, Khudiram Bose Sarani, Kolkata-700004 Paid Rupees : 2
(PH:033-25557676)

Name : MOFIJUL ISLAM	[RGKM/OR1800649418]	Day : Saturday
Sex : Male	Age : 38 Yrs. 0 Months 0 Days	Reg. No. : RGKM/RG1800702825
Ref. From :		Reg. Date : 06-10-2018
		Card No. : RGKM/OR1800649418
Visit No. : 1	Department : PHYSICAL MEDICINE & REHABILITATION	Visit Date : 06-10-2018
Doctor/Unit Name (DOW) :	Dr. S Iswarari (Assoc. Prof)	Time : 09:34AM
Room No. :		Entry No. :

Visit Date : _____	Visit No. : 2
Department : _____	Tm. _____
Doctor/Unit : _____	
Entry No. : _____	

Visit Date : _____	Visit No. : 3
Department : _____	Tm. _____
Doctor/Unit : _____	
Entry No. : _____	

Visit Date : _____	Visit No. : 4
Department : _____	Tm. _____
Doctor/Unit : _____	
Entry No. : _____	

Clinical Notes

06 OCT 2018

Q/O → LBP & radiation X 10yrs.

MRI (6/5/18)

- Degenerative disc disease.
- Spinal cord stenosis at L4-L5

ADVICE

Physical Medicine & Rehabilitation OPD
R.G. Kar Medical College, Kol-04

Adv

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বৃহস্পতি শনি

- Spinal stabilisation ex. } (IT)
- Core muscle ex
- MRI LS spine ~~AP~~ & sacroiliac jt.

✓ Tas. Tolperidone - 0 - BID x 10d.

• Tas. Rantac (150) - OAC x 10d.

• Tas. Casoparin (300) - OHS x 30d.

• Tas. Calcium (500) - OMC x 20d.

Review SOS