

DEPARTMENT OF HEALTH & FAMILY WELFARE

GOVERNMENT OF WEST BENGAL

PHYSICAL MEDICINE & REHABILITATION

OPD Patient Card

R.G. Kar Medical College & Hospital

User Name : sanghamitra

1, Khudiram Bose Sarani, Kolkata-700004

Paid Rupees : 2

(PH:033-25557676)

Name : RINU DAS	[RGKM/OR1800757411]	Day : Saturday
Sex : Female	Age : 52 Yrs. 0 Months 0 Days	Reg. No. : RGKM/RG1800821554
Ref. From :		Reg. Date : 24-11-2018
		Card No. : RGKM/OR1800757411
Visit No. : 1	Department : PHYSICAL MEDICINE & REHABILITATION	Visit Date : 24-11-2018
Doctor/Unit Name (DOW) :	Dr. S Iswarari (Assoc. Prof)	Time : 10:19AM
Room No. :		Entry No. :

Visit No. : 2	Visit No. : 3	Visit No. : 4
Visit Date : Tm.	Visit Date : Tm.	Visit Date : Tm.
Department :	Department :	Department :
Doctor/Unit :	Doctor/Unit :	Doctor/Unit :
Entry No. :	Entry No. :	Entry No. :

Clinical Notes	ADVICE
<p>24 NOV 2018</p> <p>CLBP + (R) LL radicular</p> <p><u>Adm</u></p> <p><u>DX Ray LS</u></p> <p>LS S₁ disc changes (2/3) ^{coll.}</p> <p>Lumbar lordosis lost</p>	<p>Physical Medicine & Rehabilitation R.G. Kar Medical College.</p> <p>ब्रह्म - शक्ति</p> <ol style="list-style-type: none"> ① MRI LS spine. ② Cap Oxcod-E OD. Ac x 1 month. ✓ ③ Cap Dulomer 20mg HS x 30d. ✓ ④ T. Gabap 300 HS x 30d. ✓ ⑤ NeoRelax gel for LA + Cold compressors (2-3) ✓ ⑥ T. PT <p>PLANKS + Spinal extn.</p> <p>⑦ T. P650 + DS x 5d</p>