

**DEPARTMENT OF HEALTH & FAMILY WELFARE  
GOVERNMENT OF WEST BENGAL  
PHYSICAL MEDICINE & REHABILITATION**

**OPD Patient Card**  
R.G. Kar Medical College & Hospital User Name : kaushik  
1, Khudiram Bose Sarani, Kolkata-700004 Paid Rupees : 2  
(PH:033-25557676)

Name : NURHUSSAIN SAPUI [RGKM/OR1800777029]	Day : Monday
Sex : Male Age : 28 Yrs. 0 Months 0 Days	Reg. No.: RGKM/RG1800943128
Ref. From :	Reg. Date : 03-12-2018
	Card No.: RGKM/OR1800777029
Visit No. : 1 Department : PHYSICAL MEDICINE & REHABILITATION	Visit Date : 03-12-2018 Time : 10:55AM
Doctor/Unit Name (DOW) : Dr. Prof. E.K. Mandal / Dr. Tuhin Ray (Asst. Prof.)	
Room No. : 110	Entry No. :

Visit No. : 2	Visit No. : 3	Visit No. : 4
Visit Date : Tm.	Visit Date : Tm.	Visit Date : Tm.
Department :	Department :	Department :
Doctor/Unit :	Doctor/Unit :	Doctor/Unit :
Entry No. :	Entry No. :	Entry No. :

Clinical Notes	ADVICE
<p align="center">03 DEC 2018</p> <p>? PIND Sudden onset LBP also muscle spasm.</p> <p>Lumbar Spondylosis.</p>	<p align="center">Prof. (Dr.) P. K. Mondal M.B.B.S. (Cal), M.D. (Cal), HOD Dept. Physical Medicine &amp; Rehabilitation R.G. Kar Medical College, Kolkata-4</p> <p align="center">Dr. T. Ray, Asst. Prof. MBBS (Cal), MD (Cal) Dept. of Physical Medicine &amp; Rehabilitation R. G. Kar Medical College, Kolkata-4</p> <p align="center"><u>সাম-বহুস্পতি</u></p> <p><u>Advice</u></p> <ul style="list-style-type: none"> <li>Rest for 3 days.</li> <li>Inj. Myosil - 1 amp. i.m. OD x 3 days</li> <li>↓</li> <li>Tab. <del>Paliperone (150)</del> 1 tab BDPC x 5 days.</li> <li>Tab. <del>Perisite-OD</del> 1 tab ODHS x 30 days</li> <li>Tab. <del>Stufen (400)</del> 1 tab BDPC x 10 days</li> <li>Tab. Rabe (20) - 1 tab ODAC x 10 days.</li> <li>Tab. Gabapentin (300) - 1 tab ODHS x 30 days.</li> <li>Phion Gel - to apply locally.</li> <li>Hot Compress.</li> <li>MRI of L/S Spine.</li> <li>Review after 10 days.</li> </ul>