

DEPARTMENT OF HEALTH & FAMILY WELFARE
 GOVERNMENT OF WEST BENGAL
 OPD Patient Card

R.G. Kar Medical College & Hospital
 1, Khudiram Bose Sarani, Kolkata-700004
 (PH:033-25557676)

User Name : snad
 Paid Rupees : 2

UNIT 11
 ORTHO. O.P.D.
 R.G. KAR M. C. H.
 Kolkata

Name : DILIP BAIDYA
 Sex : Male
 Ref. From : Age : 54 Yrs. Months Days
 [RGKM/OR1800656816]

Day : Tuesday
 Reg. No.: RGKM/RG1800710765
 Reg. Date : 09-10-2018
 Card No.: RGKM/OR1800656816
 Time : 12:58 PM

Visit No. : 1 Department :
 Doctor/Unit Name (DOW) :
 Room No. :

ORTHOPAEDIC UNIT II
 Prof. K. Banerjee/Dr. E. Hossain/Dr. R. Sanyal/Dr. Deb
 105

Visit Date : 09-10-2018

Entry No. :

Time : 12:58 PM

Visit Date : Visit No. : 2
 Department : Tm.
 Doctor/Unit:
 Entry No. :

Visit Date : Visit No. : 3
 Department : Tm.
 Doctor/Unit:
 Entry No. :

Visit Date : Visit No. : 4
 Department : Tm.
 Doctor/Unit:
 Entry No. :

Clinical Notes

40 L3/4

9 OCT 2018

LMP - 2 (R)

↓ L4/L5, L5/S1 disc
 space c
 Canal stenosis,

FRS-98

PPMS-95

ADVICE

→ Refer to PMR OPD
 (110)

Physical Medicine & Rehabilitation OPD
 R.G. Kar Medical College, Kol-04

Adv. @ MRI of L5 spine - সোম মঙ্গল
 বৃহস্পতি শনি

1. ACECLOFENAC 100+PCM+TH4 (Acety-MP4) - ৩০০০ সফ
2. PCM 500/350
3. TOLPERISONE 150+DICLOFENAC 50 (Tolpetas - D) - ৩০০০ সফ
4. PANTOPRAZOLE 40
5. RABEPRAZOLE 20 - ৩০০০ সফ
6. PREGABALIN 75 / GABAPENTIN 300
7. PREGABALIN 75+METHYLCOBALAMIN 750 (Nervomin-T) - ৩০০০ সফ
8. GABAPENTIN 300 + METHYLCOBALAMIN 500
9. Ca2+VitD - ৩০০০ সফ
10. AMITRIPTYLINE 25
11. PSTN+BROMALEIN+RITOSIDE
12. LUCERIN 50+GLUCOSAMINE 750

Klodac gel - apply locally.

① L5 Contoured support

PT) Spinal stretching

Core strengthening

Quad Hamstring stretching



07/18

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