

19.10.18  
5:00 P.M.

DEPARTMENT OF HEALTH & FAMILY WELFARE  
GOVERNMENT OF WEST BENGAL  
PHYSICAL MEDICINE & REHABILITATION

OPD Patient Card  
R.G. Kar Medical College & Hospital  
1, Khudiram Bose Sarani, Kolkata-700004  
(PH:033-25557676)  
User Name : bablu  
Paid Rupees : 2

AYAN GANGULI [RGKM/OR1800654521]

Name : Male	Age : 47 Yrs.	0 Months	0 Days	Day : Tuesday
Sex :				Reg. No.: 09-10-2018
Ref. From :				Reg. Date : RGKM/OR1800654521
Visit No. : 1	Department : PHYSICAL MEDICINE & REHABILITATION	Visit Date : 09-10-2018	Time : 10:09AM	Card No.:
Doctor/Unit Name (DOW) : Dr. S Iswarari (Assoc. Prof)	Room No. : 110	Entry No. :		

Visit Date :	Visit No. : 2
Department :	Tm.
Doctor/Unit :	
Entry No. :	

Visit Date :	Visit No. : 3
Department :	Tm.
Doctor/Unit :	
Entry No. :	

Visit Date :	Visit No. : 4
Department :	Tm.
Doctor/Unit :	
Entry No. :	

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Clinical Notes

ADVICE

9 OCT 2018

Physical Medicine & Rehabilitation OPD  
R.G. Kar Medical College, Kol-04

সৌমি মঙ্গল  
বৃহস্পতি শনি

C/O LBP → 2/3 wks  
Red pain l wh.  
t/E SLR (R) → 60°  
(L) → 70°

Adv

1. Avoid forward bending. using heavy wt.
2. Spinal ex's.
3. Local UST X 10 days.
4. Tab Nucosis 90  
0/0 → 10 days.

5. MRI of L/S Spine

R/w. refer to MRI.

09/10/18