

DEPARTMENT OF HEALTH & FAMILY WELFARE
GOVERNMENT OF WEST BENGAL
PHYSICIAN & REHABILITATION

OPD Patient Card

R.G. Kar Medical College & Hospital User Name : shadab
1, Khudiram Bose Sarani, Kolkata-700004 Paid Rupees : 2
(PH:033-25557676)

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|--------------------------|--|--|
| From: ABBAS UDDIN | [RGKM/OR1800607418] | Day: Thursday |
| Male | Age: 22 Yrs. Months Days | Reg. No.: RGKM/RG1800658909 |
| | | Reg. Date: 20-09-2018 |
| | | Card No.: RGKM/OR1800607418 |
| Visit No. : 1 | Department : PHYSICAL MEDICINE & REHABILITATION | Visit Date : 20-09-2018 Time : 09:47AM |
| Doctor/Unit Name (DOW) : | Dr. Prof. B.K. Manda / Dr. Tuhin Ray (Asst. Prof.) | |
| Room No. : | 110 | Entry No. : |

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| Visit No. : 2 | Visit No. : 3 | Visit No. : 4 |
| Visit Date : Tm. | Visit Date : Tm. | Visit Date : Tm. |
| Department : | Department : | Department : |
| Doctor/Unit : | Doctor/Unit : | Doctor/Unit : |
| Entry No. : | Entry No. : | Entry No. : |

| Clinical Notes | ADVICE |
|--|---|
| <p>20 SEP 2018</p> <p>elo pain in lower back.</p> | <p>Prof. (Dr.) P. K. Mandal M.B.B.S. (Cal), M.D. (Cal), FRCO Dept. Physical Medicine & Rehabilitation R.G. Kar Medical College, Kolkata-1</p> <p>লোম-বন্ধন Adv.</p> <p>1. par (500) 1 tab BDPCX 15 d.</p> <p>2. Pramipexone (150) 1 tab OD exist.</p> <p>continue 25 belt usage</p> <p>continue exercise.</p> |
| <p>08 OCT 2018</p> <p>Advice</p> <p>• Avoid flexion</p> <p>• Tab. Paracetamol - 1 tab BDPCX 10 days</p> <p>• Tab. Rabe (20) - 1 tab OD ACX 10 days.</p> <p>• Spinal Stabilisation Core strengthening</p> | <p>MRD - 1/3 spine</p> |

[Signature]