

**DEPARTMENT OF HEALTH & FAMILY WELFARE  
GOVERNMENT OF WEST BENGAL  
PHYSICAL MEDICINE & REHABILITATION OPD Patient Card**

**R.G. Kar Medical College & Hospital**      User Name : shadab  
1, Khudiram Bose Sarani, Kolkata-700004      Paid Rupees : 2  
(PH:033-25557676)

Name :	SUSHANTA CHAKRABORTY	IRGKM/OR1800676942	Day :	Monday
Sex :	Male	Age : 35 Yrs.	Months :	0 Days
Ref. From :				Reg. No. : RGKM/RG1800733599
			Reg. Date :	22-10-2018
			Card No. :	RGKM/OR1800676942
Visit No. : 1	Department :	PHYSICAL MEDICINE & REHABILITATION	Visit Date :	22-10-2018
Doctor/Unit Name (DOW) :	Dr. Prof. P.K. Mandal / Dr. Tuhin Ray (Asst. Prof.)		Time :	no. 504M
Room No. :	110		Entry No. :	

Visit No. : 2	Visit Date :	Department :	Doctor/Unit :	Entry No. :
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Visit No. : 3	Visit Date :	Department :	Doctor/Unit :	Entry No. :
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Visit No. : 4	Visit Date :	Department :	Doctor/Unit :	Entry No. :
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Clinical Notes	ADVICE
<p>90 Sudden onset LBP - radiating to Right leg for last 7 days.</p> <p>no/yo paresthesia in both legs</p> <p>O/E SLR <math>\rightarrow</math> 90,</p> <p>Broadly Bism = ASM</p> <p>Old MRI also show PVD also in LS</p> <p>AMS = 84 mg/dl TSA = 3.42</p>	<p><u>AS</u></p> <p>① Resting time</p> <p>② MRI of L-S spine.</p> <p>③ Tr. Progester M 1mg at 15x Cx</p> <p>④ Tr. Alendronate (keep 0.5g/100g)</p> <p>⑤ Tr. Galvium to cut.</p> <p>⑥ Review reports.</p> <p align="right"><u>kes</u> 22/10/2018</p> <p>Tr. DF2 (6) 1mg      Parlio 5d 6 - 0</p>

X Ray - Degenerative changes  
in Lumbar vertebrae