

DEPARTMENT OF HEALTH & FAMILY WELFARE
 GOVERNMENT OF WEST BENGAL
 OPD Patient Card

R.G. Kar Medical College & Hospital User Name : uliawal
 1, Khadiram Bose Sarani, Kolkata-700004 Paid Rupees . 2
 (PH:033-25557676) (RGKM/OR1800644987)

Name : RIMPA NANDI
 Sex : Female
 Ref. From : Age : 20 Yrs. 0 Months 0 Days

Visit No. : 1 Department :
 Doctor/Unit Name (DOW) :
 Room No. :

PHYSICAL MEDICINE &
 REHABILITATION
 Dr. Prof. P.K. Mondal/Dr. Tuhin Ray

Visit Date : 04-10-2018
 Entry No. :

Day : Thursday
 Reg. No.: KM/RG1800687779
 Reg. Date : 04-10-2018
 Card No.: KM/RG1800644987

Time : 11:30 AM

Visit Date : Visit No. : 2
 Department : Tm.

Doctor/Unit :

Entry No. :

Visit Date : Visit No. : 3
 Department : Tm.

Doctor/Unit :

Entry No. :

Visit Date : Visit No. : 4
 Department : Tm.

Doctor/Unit :

Entry No. :

Clinical Notes

04 OCT 2018

LBP @ X 6 months

SR @ BIL

loose @

hypermobility

* not pregnant

ADVICE

Prof. (Dr.) P. K. Mondal
 M.B.B.S. (Cal), M.D. (Cal), HOD
 Dept. Physical Medicine & Rehabilitation
 R.G. Kar Medical College, Kolkata-4

Dr. T. Ray, Asst. Prof.
 MBBS (Cal), MD (Cal)
 Dept. of Physical Medicine & Rehabilitation
 R. G. Kar Medical College, Kolkata-4

সোম-বৃহস্পতি

Adv

BLOOD TEST

CEC, ESR, CRP
 FBS, PPBS
 FT, TSH, URIC ACID
 Ca²⁺, LFT, 25(OH)D

DIG. X-RAY OF

G-SPINE-AP & LAT
 L-S SPINE-AP & LAT
 B/L KNEE-AP (STANDING)
 LAT (30° FLEXION)

MRI of L-S spine AP
 LAT

T. Acefosal - Max - BOPC x 5d

T. Tolperab - D - 1 tab BOPC x 5d

T. Rabeprazole - 20 - ODAC x 10d

T. Gabapentin - ME 100/500 - 1 tab 30ths x 10d

" 300/500 - 1 tab 30ths x 10d

T. Ca²⁺ + vitD - ODPC x 30d

T. Citawork - Plus / Nexito - Plus - 1 tab 30ths x 10d

Spinal stretching
 Core ms strengthening

10/04/2018 12:55 PM