



DEPARTMENT OF HEALTH & FAMILY WELFARE
GOVERNMENT OF WEST BENGAL
OPD Patient Card

Clinical Notes	ADVICE
<p>9 OCT 2018</p> <p>FU/C of LBP</p> <p>Degenerative Changes in LS spine</p> <p>निर्दिष्ट - निम्न</p>	<p>Review after 1 month.</p> <p>Adv. - Continue exercise</p> <p>T. PCM (650) - 1 tab SOS.</p> <p>T. Gabapentin (300) 1/2 tab OD x 4 wh.</p> <p>NERVOMIN PLUS - 1 tab BDPC x 4 wh.</p> <p>TCA 4 wh</p>
<p>23 OCT 2018</p> <p>FU/C LBP 2 (2).</p> <p>Pain in thigh muscles.</p> <p>ALS → ⊕ (P/L).</p> <p>X-Ray: Degenerative changes.</p>	<p>Adv.</p> <p>MRI of (L-S) spine. [(P) Facet Arthropathy.]</p> <ul style="list-style-type: none"> • Tab. Paracetamol (400) - 1 tab BDPC x 10d. • Tab. <u>Dormi (150)</u> - 1 tab BDPC x 10d. • Tab. Dabz (20) - 1 tab ODPC x 10d. • Tab. Cal (500) - 1 tab ODHS x 1m. • Tab. <u>Resner Plus</u> - 1/2 tab ODHS x 10d. <ul style="list-style-type: none"> ↓ 1 tab ODHS x 1m <p>Blood for [CBC, ESR, CRP, FBS, PPS, TSH, P_{O2}, Calcium]</p> <p>Hot compression - BD.</p> <p>Trandy plus gel locally. ✓</p> <p>(@ 9pm)</p>