



DEPARTMENT OF HEALTH & FAMILY WELFARE
GOVERNMENT OF WEST BENGAL
OPD Patient Card

Clinical Notes	ADVICE
<p>8 OCT 2018</p> <p>40 - Pain over (R) arm sudden 10/10 rotational injury 1 m ago</p> <p>BLOOD TEST CBC, ESR, CRP DRS, LFT VSH, Ca²⁺ Uric acid Urea, Cr 25(OH)D X-ray of C-SPINE - AP & LAT L-SPINE - AP & LAT BI-KNEE - AP (STANDING) LAT (30° FLEXION)</p>	<p>Prof. (Dr.) P. K. Mondol M.B.B.S. (Cal), M.D. (Cal), HOD Dept. Physical Medicine & Rehabilitation R.G. Kar Medical College, Kolkata-4</p> <p>Dr. T. Ray, Asst. Prof. MBBS (Cal), MD (Cal) Dept. of Physical Medicine & Rehabilitation R. G. Kar Medical College, Kolkata-4</p> <p>সোম-বৃহস্পতি</p> <ul style="list-style-type: none"> • UST test on Tender point x 10 sitting (R) arm • D. X-ray (R) Elbow cut C/s spine cut • Transdy-plus gel locally • T. Tolpitas-D 1/2 BDP x 10 dy • T. Amyo 1/2 BDP • T. Calc D3 1/2 OD • T. Gabaprin (300) 1/2 OD • TCA 4 wks
<p>22 OCT 2018</p> <p>40, Neck pain (R), loss & reversal of CA nodosis.</p>	<p>Adv.</p> <ul style="list-style-type: none"> • MRI of C/s spine • Tab. Mobiswift D - 1 tab BDP x 10 d. • Tab. Rabe (20) - 1 tab OD x 10 d. • Tab. Cal (500) + vit D3 - 1 tab OD x 1 m. • Tab. Resmer Plus - 1 tab OD x 1 m. <p>DO Neck extenre ex</p>