

**DEPARTMENT OF HEALTH & FAMILY WELFARE
GOVERNMENT OF WEST BENGAL
OPD Patient Card**

PHYSICAL MEDICINE & REHABILITATION 206

Name :	R.G. Kar Medical College & Hospital	User Name :	Day
Sex :	Age :	Yrs. Months Days	Reg. No. : 2
Ref. From :	1, Khudiram Bose Sarani, Kolkata-700014		Reg. Date :
(PH:033-25557676)		Card No. :	
Visit No. : 1	Department : SAHA	Visit Date :	Time : Thursday
Doctor/Unit Name (DOW) :	[RGKM/OPD]		
Room No. :	59		
	Entry No. :		RGKM/RG1800639193
			13-09-2018

Visit Date :	Visit No. : 2	Visit Date :	Visit No. : 3	Visit Date :	Visit No. : 4
Department :		Department :		Department :	
Doctor/Unit :		Doctor/Unit :		Doctor/Unit :	
Entry No. :		Entry No. :		Entry No. :	

Clinical Notes	ADVICE
<p>13 SEP 2018</p> <p>LBP @ R</p> <p>11 OCT 2018</p>	<p>Prof. (Dr.) P. K. Mandal M.B.B.S. (Cal), M.D. (Cal), HOD Dept. Physical Medicine & Rehabilitation R.G. Kar Medical College, Kolkata-4</p> <p>সোম-বৃহস্পতি</p> <p>• BLOOD TEST CBC, ESR, CRP FBS, PPBS, LFT FT₄, TSH, Ca²⁺ Urea, Cr 25(OH)D</p> <p>• X-ray of C-SPINE-AP & LAT L-S SPINE-AP & LAT BIL KNEE - AP (STANDING) LAT (30° FLE ON)</p> <p>Stabic lumbar exercise</p> <ul style="list-style-type: none"> - T. Cal + D3 1/2 ODHS - T. P650 1/2 BIDAC - T. Rantac (150) 1/2 BIDAC - T. Gabapentin (300) 1/2 ODHS - T. AMT (25) 1/2 ODHS - TCA 4 wkly ER SVI <p>✓ Volini gel locally</p> <p>dr</p> <p><u>A2</u></p> <ul style="list-style-type: none"> - MRI L/S spine - use L-S brace - Calcium x 3m - Erisodronate 35mg/wk x 4m. - PCM 650 TDS x 5 days - Gabapentin (300) ODHS x 3m. <p>11/10/18</p>