

DEPARTMENT OF HEALTH & FAMILY WELFARE
GOVERNMENT OF WEST BENGAL
PHYSICAL MEDICINE & REHABILITATION OPD Patient Card

R.G. Kar Medical College & Hospital User Name : shadab
1, Khudiram Bose Sarani, Kolkata-700004 Paid Rupees : 2
(PH:033-25557676)

Name : RAHUL DAS
Sex : Male Age : 18 Yrs. Months Days
Ref. From : (RGKM/OR1800677785) Day : Monday

Visit No. : 1 Department : PHYSICAL MEDICINE & REHABILITATION
Doctor/Unit Name (DOW) : Dr. Prof. P.K. Manda / Dr. Tuhin Ray (Asst Prof.)
Room No. : 110
Reg. No. : RGKM/RG1800734449
Card No. : RGKM/OR1800677785
Visit Date : 22-10-2018 Time : 10:46 AM
Entry No. :

Visit Date : Department : Doctor/Unit : Entry No. :	Visit No. : 2 Tm.	Visit Date : Department : Doctor/Unit : Entry No. :	Visit No. : 3 Tm.	Visit Date : Department : Doctor/Unit : Entry No. :	Visit No. : 4 Tm.
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Clinical Notes

22 OCT 2018

⊕ knee pain x 1/2 month
⊕ trauma
⊕ derm
⊕ swelling

Prof. (Dr.) P. K. Mondol
M.B.B.S. (Cal), M.D. (Cal), HOD
Dept. Physical Medicine & Rehabilitation
R.G. Kar Medical College, Kolkata-4

সোম-বৃহস্পতি

Adv

Dr. T. Ray, Asst. Prof.
MBBS (Cal), MD (Cal)
Dept. of Physical Medicine & Rehabilitation
R. G. Kar Medical College, Kolkata-4

- DXR B/L knee (AP (standing)
lat (30° flexion).
 - HR-usg of (R) knee jt.
 - Cap. & volitra eno - 300 x 10d.
 - Tab. FM40 - 01A x 10d.
 - Tab. Calcium (no) - 01A x 30d.
- Review E report

29 OCT 2018

Knee Swelling
instability
x 2 months
twisting injury
Rt Quadriceps
wasting
Knee Swelling
drawer ?
Lumbar ?

Adv.

- ⊕ MRI of Rt knee
- T. Willgo-SP - 12at MOPC x 7d
- T. Labr. 20 - 12at 00A x 7d
- Cap. Muciform - 1cap 50PC x 30d
- FKO open patella = BIL hinge
- PT/ Muthi angle Quad
- iso, vmo strengthening (orthosis)
- Gravity eliminated Rom. Exer of Rt knee

