

**DEPARTMENT OF HEALTH & FAMILY WELFARE
GOVERNMENT OF WEST BENGAL**

PAIN CLINIC 4

OPD Patient Card

R.G. Kar Medical College & Hospital User Name : nilanjan
1, Khudiram Bose Sarani, Kolkata-700004 Paid Rupees : 2
(PH:033-25557676)

Name :	SAREFUL ALI	[RGKM/OR1800681147]	Day :	Tuesday
Sex :	Male	Age :	27 Yrs.	0 Months 0 Days
Ref. From :				Reg. No. : RGKM/RG1800738045
				Reg. Date : 23-10-2018
				Card No. : RGKM/OR1800681147
Visit No. : 1	Department :	PAIN CLINIC	Visit Date :	23-10-2018
Doctor/Unit Name (DOW) :	Prof. Dipasri Bhattacharya/Dr. B.B. Gharami (Asst.Prof.)/Dr. P. Biswas			Time :
Room No. :	105			10:52AM
Entry No. :				

Visit No. : 2 Visit Date : Tm. Department : Doctor/Unit : Entry No. :	Visit No. : 3 Visit Date : Tm. Department : Doctor/Unit : Entry No. :	Visit No. : 4 Visit Date : Tm. Department : Doctor/Unit : Entry No. :
---	---	---

Clinical Notes	ADVICE
<p>F/U/c of lumbar lordosis. Pain in lower back Pain not relieved.</p> <p align="center"><u>2/11/18</u></p> <p>c/o LBP for last 6 months. Pain not relieving c/ medication & exercise. SLR >60° B/L Localized tenderness over Sacrum (midline). Pain ↑ c/ forward bending. Radiation of pain to leg. X Ray - Loss of lumbar lordosis.</p>	<p align="center"><u>Advice</u></p> <ul style="list-style-type: none"> - Tab PCM + Aceclofenac 1 tab BD x 3d - Tab Pregabalin 75 1 tab BD x 15d - Tab Pan 40 1 tab OAD x 10d - Tab Methylcobalamine 1 tab OD x 15d <p><u>Adv</u></p> <ul style="list-style-type: none"> / Tab. Pregabalin (75) - 1 tab BD x cont. / T. Methylcobalamine - 1 tab OD x cont. / T. Paracetamol (650) - 1 tab s.o.d. / T. Ranitidine (150) - 1 tab OAD. / Cont. Exercise; Avoid forward bending or weight lifting. / MRI L-spine / Review c/ Report after 4 wks/s.o.d. <p align="right"><i>[Signature]</i></p>