

**DEPARTMENT OF HEALTH & FAMILY WELFARE
GOVERNMENT OF WEST BENGAL
PHYSICAL MEDICINE & REHABILITATION**

OPD Patient Card

R.G. Kar Medical College & Hospital User Name : buddhu
1, Khudiram Bose Sarani, Kolkata-700004 Paid Rupees : 2
(PH:033-25557676)

Name :	JAMUNA MONDAL	[RGKM/OR1800651625]	Day :	Monday			
Sex :	Female	Age : 50 Yrs.	0 Months	0 Days			
Ref. From :			Reg. No.:	RGKM/RG1800705301			
			Reg. Date:	08-10-2018			
			Card No.:	RGKM/OR1800651625			
Visit No. :	1	Department :	PHYSICAL MEDICINE & REHABILITATION	Visit Date :	08-10-2018	Time :	09:46AM
Doctor/Unit Name (DOW) :		Room No. :		Dr. Prof. P.K. Mondal / Dr. Tuhin Ray (Asst. Prof.)	Entry No. :		

Visit Date :	Visit No. : 2
Department :	Tm.
Doctor/Unit :	
Entry No. :	

Visit Date :	Visit No. : 3
Department :	Tm.
Doctor/Unit :	
Entry No. :	

Visit Date :	Visit No. : 4
Department :	Tm.
Doctor/Unit :	
Entry No. :	

Clinical Notes	ADVICE
<p align="center">8 OCT 2018</p> <p>C/O - Neck pain - LBP radiation FDS - RT unilateral</p> <p>Static Epc New was plus strongly lumbar stabilization dynamic quad.</p>	<p align="center">Prof. (Dr.) P. K. Mondal M.B.B.S. (Cal), M.D. (Cal), HOD Dept. Physical Medicine & Rehabilitation R.G. Kar Medical College, Kolkata-4</p> <p align="center">Dr. T. Ray, Asst. Prof. MBBS (Cal), MD (Cal) Dept. of Physical Medicine & Rehabilitation R. G. Kar Medical College, Kolkata-4</p> <p align="center">সোম-বৃহস্পতি</p> <p>- Avoid $\left\{ \begin{array}{l} \text{lifting heavy weight} \\ \text{forward bending} \end{array} \right.$</p> <p>- Tab. Pargabam (75) 1 tab 2 times</p> <p>⊖ Cap. Cobaporte 1 cap 2 times</p> <p>- 7. Cap. tri 10 1 tab 2 times</p> <p>⊖ Cap. Lifogestic plus 1 cap 2 times</p> <p>- 7. FM (40) 1 tab 2 times</p> <p>⊖ Cap. Exast 1 cap 2 times</p> <p>⊖ Apply white APE locally</p> <p>- 7. AMT (25) 1/2 tab 2 times</p> <p>- 7. CA - lincos / ER 2</p> <p align="right">10/08/2018 09:50 AM</p>

PT

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