

**DEPARTMENT OF HEALTH & FAMILY WELFARE
GOVERNMENT OF WEST BENGAL**

OPD Patient Card

PHYSICAL MEDICINE & REHABILITATION 183

**R.G. Kar Medical College & Hospital
1, Khudiram Bose Sarani, Kolkata-700004
(PH.033-25557676)**

User Name : nilanjan
Paid Rupees : 2

Name : SATI RANI MONDAL	Day : Monday
Sex : Female	Reg. No. : RGKM/RG1800753520
Age : 52 Yrs.	Reg. Date : 29-10-2018
Ref. From :	Card No. : RGKM/OR1800695243
Visit No. : 1	Visit Date : 29-10-2018
Department : PHYSICAL MEDICINE & REHABILITATION	Time : 10:47AM
Doctor/Unit Name (DOW) : Dr. Prof. P.K. Mandal/Dr. Tuhin Ray	
Room No. : 110	

Visit No. : 2	Visit No. : 3	Visit No. : 4
Visit Date : Tm.	Visit Date : Tm.	Visit Date : Tm.
Department :	Department :	Department :
Doctor/Unit :	Doctor/Unit :	Doctor/Unit :
Entry No. :	Entry No. :	Entry No. :

Clinical Notes

ADVICE

Shoulder pain
29 OCT 2018

Prof. (Dr.) P. K. Mandal
M.B.B.S. (Cal), M.D. (Cal), HGP
Dept. Physical Medicine & Rehabilitation
R.G. Kar Medical College, Kolkata-4

Dr. T. Ray, Asst. Prof.
MBBS (Cal), MD (Cal)
Dept. of Physical Medicine & Rehabilitation
R. G. Kar Medical College, Kolkata-4

AD
T.S. PMB 50 1 time 10p
T.S. FM 40 1 time 10p
T.S. Calcim 1 time 10p
T. Pragasole 75 1/2 tablet

12 NOV 2018

fl/c of C.S. c
Radiculopathy

Adv.
MRI of C-spine & canal diameter

BLOOD TEST
CEC, ESR, CRP
FBS, PPBS
FT, TSH, URIC ACID
Ca²⁺, LFT, 25(OH)D

DIG. X-RAY OF :
C-SPINE-AP & LAT
L-S SPINE-AP & LAT
B/L KNEE (AP (STANDING)
LAT (30° FLEXION))

(PT) Row of C-spine
No neck
Posture case -
WB stretching
Upper Trunk strengthening
Stretching of scap

T. Metaflex-D - 1 tab 10p x 10p
T. Rabeprazole - 20 - 10p x 10p
T. Hista-NT Plus - 1/2 tab 10p x 10p
T. actavit - 10p x 30p