

**DEPARTMENT OF HEALTH & FAMILY WELFARE
GOVERNMENT OF WEST BENGAL
OPD Patient Card**

PAIN CLINIC 13

R.G. Kar Medical College & Hospital
1, Khudiram Bose Sarani, Kolkata-700004
(PH: 033-25557678)

User Name : a1ajay
Paid Rooms : 2

Name RAHIMA BEGUM		[RGKM/OR1800141440]		Day : Tuesday	
Sex Female	Age 55	Yrs. 0	Months	Days	Reg. No.: RGKM/1800153883
Ref. From:			Visit Date: 06-03-2018		Reg. Date: 06-03-2018
			Entry No. :		Card No.: RGKM/OR1800141440
Visit No. : 1 Department : PAIN CLINIC			Visit Date: 06-03-2018		Time: 12:43PM
Doctor/Unit Name (DOW) : Prof. Dipasri Bhattacharya/Dr. B.B. Gharami (Asst. Prof.)/Dr. P. Biswas					
Room No. : 105					

Visit No. : 2 Visit Date : Department : Doctor/Unit : Entry No. :	Visit No. : 3 Visit Date : Department : Doctor/Unit : Entry No. :	Visit No. : 4 Visit Date : Department : Doctor/Unit : Entry No. :
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Clinical Notes	ADVICE
<p>→ History of back pain since last 8-10 yrs accompanied by legs pain.</p> <p>→ pain ↑ on sitting.</p> <p>→ pain more in the morning.</p> <p>→ pain is axial in nature.</p> <p>→ No any anxiety.</p> <p><u>13/11/18</u></p> <p>LBP & Pain radiating to both LL upto sole.</p> <p>SLR > 60.</p> <p>C SR restriction.</p> <p>Pain on L4, L5 midline & B/L SIT. & ? (L5) Facet.</p> <p>BL OA knee.</p> <p>Stopped medication for last 3-4 mths.</p>	<p><u>Advice:</u></p> <p>T. PCM 650 mg TDS X 10 days</p> <p>T. Pan 40 OD AC X 15 days.</p> <p>T. Pregabalin (75 mg) + tab OD HS X 15 days.</p> <p>T. Calcium (500mg) 1 tab OD X 15 days.</p> <p><u>Plan:</u></p> <p>Based for case, CPT</p> <p>TCR 2 months with the</p> <p>ADV</p> <p>Test Blood for, Hb, TC, DC, ESR, Platelet count</p> <ul style="list-style-type: none"> / FBS, PPS, Urea, creatinine. / Uric Acid. / RA factor. / BT, CT, PT, INR. <p>/ MRI LS spine</p> <p>/ T. Pregabalin (75 mg) - 1 tab OD HS X 1mth.</p> <p>/ T. Amitriptyline (25) - 1 tab OD HS X 1mth.</p> <p>/ T. Paracetamol (650) - 1 tab BDP C X 10 ds.</p> <p>/ T. Ranitidine (150) - 1 tab OD AC X 1mth.</p> <p>/ T. Calcium (500mg) - 1 tab OD X 1mth.</p> <p>/ T.C.A. 4mth / s.o.s.</p>