

**R.G. Kar Medical College & Hospital**  
 1, Khudiram Bose Sarani, Kolkata-700004  
 (PH:033-25557676)

User Name : bablu  
 Paid Rupees : 2

Name : MALATI NAYEK  
 Sex : Female Age : 45 Yrs. Months Days  
 Ref. From : [RGKM/OR1800764277]  
 Day : Tuesday  
 Reg. No. : RGKM/RG1800829073  
 Reg. Date : 27-11-2018  
 Card No. : RGKM/OR1800764277  
 Visit No. : 1 Department :  
 Doctor/Unit Name (DOW) :  
 Room No. :  
 ORTHOPAEDIC-UNIT-III  
 Prof. K Banerjee/Dr. R Shaw  
 106  
 Visit Date : 27-11-2018  
 Time : 12:42PM  
 Entry No. :

Visit Date : Visit No. : 2  
 Department : Tm.  
 Doctor/Unit :  
 Entry No. :

Visit Date : Visit No. : 3  
 Department : Tm.  
 Doctor/Unit :  
 Entry No. :

Visit Date : Visit No. : 4  
 Department : Tm.  
 Doctor/Unit :  
 Entry No. :

**Clinical Notes**

**ADVICE**

P/C  
 L.B. pain,  
 Radiating BL-L/L  
 4 months  
 BL 130/30  
 L5-S1 - shear (N)  
 very sharp  
 Disc Bulge  
 NO H/O Trauma.  
~~...~~  
 L5 Spondylosis.

ADV  
 Digital, my L-5 spine ← BAT,  
 film. 30°  
 MR L-5 spine contrast  
 (see any Spinal Canal Stenosis)  
 Use L-5 Belts.  
 Bed rest 1 month.  
 Urea, Creatinine, LFT, TC, TG, BPP  
 Tab P.M. 650 — x — 7 AM 7 AM  
 Tab Paracetamol — p — x — 15 AM  
 Tab Myofascitis — 2 AM — x —  
 Tab Cervical Curvature — x (7) — x  
 Review Report to attend  
 PMR OPD @ 5u

*[Signature]*