

**DEPARTMENT OF HEALTH & FAMILY WELFARE
GOVERNMENT OF WEST BENGAL**

PHYSICAL MEDICINE & REHABILITATION **OPD Patient Card**

R.G. Kar Medical College & Hospital User Name : nilanjan
1, Khudiram Bose Sarani, Kolkata-700004 Paid Rupees : 2
(PH:033-25557676)

Name : GOPAL DAS	[RGKM/OR1800734837]	Day : Thursday
Sex : Male	Age : 48 Yrs. 0 Months 0 Days	Reg. No: RGKM/RG1800796928
Ref. From :		Reg. Date : 15-11-2018
		Card No: RGKM/OR1800734837
Visit No. : 1	Department : PHYSICAL MEDICINE & REHABILITATION	Visit Date : 15-11-2018
Doctor/Unit Name (DOW) :	Dr. Prof. P.K. Mandal/Dr. Tahin Ray (Asst. Prof.)	Time : 10:00AM
Room No. :	116	Entry No. :

Visit No. : 2	Visit No. : 3	Visit No. : 4
Visit Date : Tm.	Visit Date : Tm.	Visit Date : Tm.
Department :	Department :	Department :
Doctor/Unit :	Doctor/Unit :	Doctor/Unit :
Entry No. :	Entry No. :	Entry No. :

Clinical Notes	ADVICE
<p align="center">15 NOV 2018</p> <p><u>FLUC</u> Polyarthralgia involving (B/L) hands [MCP, PIP], Elbow, Shoulder Knee.</p> <ul style="list-style-type: none"> Duration - (4 months) Tender joint count → 16 Swollen " " → 8 Pain in Ankle & foot ⊕. <p>⊠ <u>Rheumatoid factor</u> - 5.6 U/ml</p> <p>TSI → 0.62. PO₄ → 0.86.</p> <p>(+) 25(OH) vit D - 17.32.</p> <ul style="list-style-type: none"> Hb → 10.2. TRAP → 3.4 (↓). ESR → 42 mm (N ≤ 10). FBS → 72. Uric Acid → 4.2. Cal → 9.2. LFO → WNL. CRP → 98.7 mg/L (N ≤ 6). <p>X-Ray → (B/L) OA knee, (Gr III)</p>	<p>Prof. (Dr.) P. K. Mondol M.B.B.S. (Cal), M.D. (Cal), HOD Dept. Physical Medicine & Rehabilitation R.G. Kar Medical College, Kolkata-4</p> <p align="center">সোম-বৃহস্পতি</p> <p>Dr. T. Ray, Asst. Prof. MBBS (Cal), MD (Cal) Dept. Physical Medicine & Rehabilitation R.G. Kar Medical College, Kolkata-4</p> <ul style="list-style-type: none"> • Blood for <u>Anti CCP Antibody</u>, <u>HLA-B-27</u> • <u>MRI of Sacroiliac joint</u> to rule out sacroiliitis • Tab. Prednisolone (10) - 1 tab <u>BDPC</u> × 5d. ↓ 1 tab <u>ODHS</u> × 5d. ↓ 1 tab every alternative day × 10d. [Then stop] • Tab. <u>Methotrexate (7.5)</u> - 1 tab every Sunday × Cont. • Tab. <u>Saaz DS (1000)</u> - 1 tab BDPC × Cont. • Tab. <u>Etside MR</u> - 1 tab BDPC × 10d. ↓ (then) Tab. <u>Esect (90)</u> - 1 tab ODHS × 10d. • Tab. Rabe (20) - 1 tab ODPC × 1m. • Tab. Cal (500) - 1 tab ODHS × 1m. (except Sunday) • Syn. <u>Depura</u> (vit D₃ GOK/ 5ml) - 1 such (5ml) every Sunday × 8 wk. <p>⊠ Review 2 reports.</p>

(S) Spondylotic changes ⊂ ↓ C3-C4, C4-C5.
(T) ↓ L5-S1, Straightening of L5 spine.
• 1/2, similar episode previously

D/D:
② Δ SpA
② Δ RA

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