

**DEPARTMENT OF HEALTH & FAMILY WELFARE
GOVERNMENT OF WEST BENGAL**

PHYSICAL MEDICINE & REHABILITATION OPD Patient Card

R.G. Kar Medical College & Hospital User Name : ujjawal
1, Khudiram Bose Sarani, Kolkata-700004 Paid Rupees : 2
(PH:033-25557676)

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| Name : PRAFULLA DAS [RGKM/OR1800734498] | Day : Thursday |
| Sex : Male Age : 60 Yrs. 0 Months 0 Days | Reg. No: RGKM/RG1800796583 |
| Ref. From : | Reg. Date : 15-11-2018 |
| | Card No: RGKM/OR1800734498 |
| Visit No. : 1 Department : PHYSICAL MEDICINE & REHABILITATION | Visit Date : 15-11-2018 Time : 09:46AM |
| Doctor/Unit Name (DOW) : Dr. Prof. P.K. Mandal/Dr. Tuhin Ray (Asst. Prof.) | Entry No. : |
| Room No. : | |

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| Visit Date : _____ | Visit No. : 2 |
| Department : | Tm. |
| Doctor/Unit : | |
| Entry No. : | |

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| Visit Date : _____ | Visit No. : 3 |
| Department : | Tm. |
| Doctor/Unit : | |
| Entry No. : | |

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| Visit Date : _____ | Visit No. : 4 |
| Department : | Tm. |
| Doctor/Unit : | |
| Entry No. : | |

| Clinical Notes | ADVICE |
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| <p>Chronic LBP, Neck Pain asso. numbness of UL, LL. HT 150/90 DM, HTN. CAD. SLR - ⊕ BIL. Hamstring tight BIL.</p> | <p align="right">Prof. (Dr.) P. K. Mondol M.B.B.S. (Cal), M.D. (Cal), HOD Dept. Physical Medicine & Rehabilitation R.G. Kar Medical College, Kolkata-4</p> <p align="right">Dr. T. Ray, Asst. Prof. MBBS (Cal), MPT (Cal) Dept. of Physical Medicine & Rehabilitation R.G. Kar Medical College, Kolkata-4</p> <p align="center">সোম-বৃহস্পতি</p> <p>BLOOD TEST (RM) <input checked="" type="checkbox"/> CEC, ESR, CRP <input checked="" type="checkbox"/> FBS, PPBS <input checked="" type="checkbox"/> FT, TSH, URIC ACID <input checked="" type="checkbox"/> Ca²⁺, LFT, 25(OH)D</p> <p>DIG. X-RAY OF :- <input checked="" type="checkbox"/> C-SPINE-AP & LAT <input checked="" type="checkbox"/> L-S SPINE-AP & LAT <input checked="" type="checkbox"/> B/L KNEE AP (STANDING) <input checked="" type="checkbox"/> LAT (30° FLEXION)</p> <p>⊙ MRI of L-S spine } C-spine } D-L spine } ⊖ Canal diam.</p> <ol style="list-style-type: none"> 1. ACECLOFENAC 100+PCM+TH₂ (TH10x - OD 8) - 1 cap OD PC x 58 2. PCM 500/650 3. TOLPERISONE 150+DICLOFENAC 50 4. PANTOPRAZOLE 40 5. RABEPRAZOLE 20 — OD AC x 10d 6. PREGABALIN 75 / GABAPENTIN 300 7. PREGABALIN 75+METHYLCOBALAMIN 750 (Pregalin X-SR) - 1 tab OD HTS x 10d 8. GABAPENTIN 300 + METHYLCOBALAMIN 500 9. Ca2t+VitD — OD PC x 20d 10. AMITRIPTYLINE 25 11. TRYPSIN+BROMALEIN+RUTOSIDE 12. DIACERIN 50+GLUCOSAMINE 750 <p>R/w reports. Attend <u>nmopd</u>. PT Quad, Hamstring stretching. Core ms activation Iso neck</p> <p align="right">11/15/2018 09:49 AM</p> |