

**DEPARTMENT OF HEALTH & FAMILY WELFARE  
GOVERNMENT OF WEST BENGAL  
OPD Patient Card**

ORTHOPAEDIC-UNIT-II 28

R.G. Kar Medical College & Hospital

User Name : nilan

1, Khudiram Bose Sarani, Kolkata-700004


Paid Rupees : 2

(PH:033-25557676)

UNIT -  
R. G. KAR M. C. H.  
Kolkata

Name : PROKASH KARMAKAR [RGKM/OR1800756967]	Day : Saturday
Sex : Male Age : 22 Yrs. 0 Months 0 Days	Reg. No. : RGKM/RG1800621105
Ref. From :	Reg. Date : 24-11-2018
	Card No. : RGKM/OR1800756967
Visit No. : 1 Department : ORTHOPAEDIC-UNIT-II	Visit Date : 24-11-2018 Time : 09:29AM
Doctor/Unit Name (DOW) : Prof. D K Pal/Dr. S Datta/Dr. D Mukherjee	
Room No. : 106	Entry No. :

Visit No. : 2	Visit No. : 3	Visit No. : 4
Visit Date : Tm.	Visit Date : Tm.	Visit Date : Tm.
Department :	Department :	Department :
Doctor/Unit :	Doctor/Unit :	Doctor/Unit :
Entry No. :	Entry No. :	Entry No. :

Clinical Notes	ADVICE
<p>90 knee pain due injury over (L) knee x 20 days ago.</p> <p>D.O.I - 3/11/2018</p> <p>M.O.I - Trauma while playing football.</p> <p>S.O.I - Lt knee joint</p> <p>O/E - Swelling (+) Tenderness (-) closed</p> <p>NO DNV D.</p> <p>HRSG of Lt knee</p> <p>• Supra patellar effusion</p>	<p>• Refer to 106 E for further management.</p> <p align="center"><u>Adv</u></p> <p>- Functional knee. orthosis</p> <p>- Avoid squattig, cross leg sitting.</p> <p>- Ice compression.</p> <p>- Static Quad. exercises</p> <p>- Review c</p> <p><del>T.O.S</del> MRI (L) Knee.</p>
<p>O/E - No swelling</p> <p>Lachman pivot shift -ve</p> <p>Ant drawer -ve</p> <p>McMurray lateral ? +ve</p>	

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