

DEPARTMENT OF HEALTH & FAMILY WELFARE  
 GOVERNMENT OF WEST BENGAL  
 OPD Patient Card

Clinical Notes

ADVICE

28 SEP 2018

R - Avoid forward bend / weight lifting /  
 western type of toilet  
 mobilisation of LS belt

→ MRI of LS spine

~~ib Pregadol 75 (W) 1 tab BOPC to ent~~  
 0-20

~~ib PM (20) 4 tabs BOPC to ent~~  
 0-2-0

~~ib Pregadol NT (25) 1 tab BOPC to ent~~  
 1-1-0

~~ib ~~Paracetamol~~ (150) 1 tab BOPC to ent~~

~~ib Palmeges 1 tab BOPC to ent~~

to review @ MRI

NOV 2018

- Cont Same to

- MRI of LS spine -

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